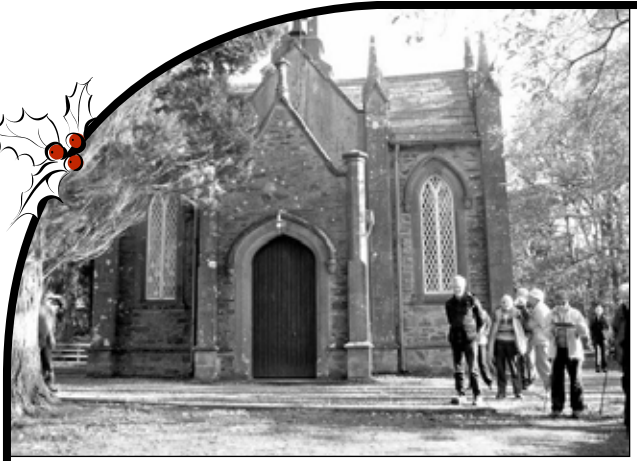


Church of

St Columbanus

Parish of Ballyholme

December 2011 & January 2012



Walkers explore
the Roe Valley
Page 8



The Parishioner

The Church is open every weekday morning for private prayer and meditation

In This Issue

✦ Page 3

A good night out - details of a Festive Spectacular

✦ Page 4

Aaron shares his music choices for his iPod

✦ Page 6

Mission News
Buy a bucket for Kiwoko -solve your Christmas present problems

✦ Page 7

Parish Profile: Memoirs of a nurse - read on

✦ Page 10

Youth Page: Christmas is coming!

✦ Front Page

Photo composition: Don Todd

✦ Magazine Contact

email:
office@ballyholmeparish.co.uk

The Rambling Rector



From the clergy perspective, Christmas on a Sunday is the best of all possible worlds. The next Sunday - 1 January - is always a full week away! There's something about the days between Christmas and New Year, especially for those fortunate enough to have them all as holiday. I once heard them described as 'Olympic level torpor'. Certainly my boyhood memories of being off school with my two younger brothers and my parents (both teachers) are exceedingly happy. The fun we would have had last year with all that snow! There is of course a striking parallel between the 'being with' of the extended family holiday and the 'being with' of God's coming in Jesus. To enjoy the former is to have a foretaste of the latter. That said, for the believer every human experience of 'being with' turns out to be a rather pale imitation of the one God offers us in Christ. Small wonder that the Nativity story found its spiritual home in the darkest, loneliest days of winter. A ray of filial hope shining our way into the uncertainty of a new year. Here's to 'being with' one another at worship this festive season!



Please accept this 'card' as a small token of personal thanks to everyone who worships and witnesses so faithfully week by week as together we build the kingdom of God in Ballyholme

With sincere gratitude from the Rector to:-
the Staff Team

the Churchwardens, Glebewardens and Select Vestry,
the Choir and Sunday singers and musicians
the leaders of our youth organisations and other groups and clubs
the hospitality teams (Sundays, Mondays, Wednesdays, Fridays and often the other days too!)

the flotilla of fetchers and carriers (drivers and lift givers!)
the magazine contributors and distributors

and all those who pray quietly and steadily every day for the ministry of St Columbanus

All the joy of Christmas and God's blessing for the New Year

"Back to Broadway"
A Festive Spectacular
Featuring
Upstage Downstage Musical Company & Guests

Saturday 10th December, 7.30 p.m.
Ballyholme Parish Centre

An unforgettable festive evening of wonderful song

Tickets £12
(inc. Wine Supper)
Only 100 Tickets Available

Tickets available from Parish Office
9127 4912

HEARTFELT THANKS



It was a most humbling experience to be the subject of the celebrations during Morning services on the 2nd October. 25 years in post as Musical Director at Ballyholme have passed so quickly, so much has changed and yet so much has also remained thankfully the same. I have been supported by the most loyal, committed and enterprising musicians whether in the choir or instrumentalists and vocalists who have made my job so varied, challenging, exciting and enjoyable. Without their support I could not have reached this milestone. I would like to thank most sincerely the Vestry, Staff team, Choir and congregation for the beautiful gifts I received on the day, for all the dedication and time spent in celebrating 25 years and for their continued support and encouragement. Here's to the next quarter century, and again my sincere gratitude.

Ian Bell

The Wednesday Club

This month our speaker was Charlie Warmington from the Lagan Legacy. His talk was about the greatest story never told ie all the ships, oilrigs etc. that were built at Harland & Wolff, but forgotten. He had lots of stories, and one of a young lady from the Prospect Rd in Bangor, who launched a ship in the absence of Eva Peron! After a lovely tea, the draw was made, and this month our winner was Jean White-Overton.



Don't forget next month (7th) is our Christmas Lunch, so the meeting will begin at 1.00 pm. Remember also, a small present for Santa's sack (about £3). See you then.

Sue

It's Yule time with the WAGS

ADVENT NIGHT

12th December
At
8.00 pm
Kajiado Room
All welcome



Safety of Seniors Roadshow (for all over 50's)



In the Parish Centre

**Wednesday 1st February
2012**

1.00 p.m. - 4.00 p.m.

Information Stands

Inter-active Safety Quiz

Play scenario showing how to deal with
telephone scams and bogus callers

Helpful tips for Crime Prevention and
Fire Safety in the home

Light lunch will be served

PLACES

MUST BE BOOKED

AGENDA
AGE North Down & Ards

Contact the Parish Office 91274912 or
AGE North Down & Ards on 91271968

Why not come and bring a friend or
neighbour?

COFFEE TIME

December

4th Maaïke Waegemans,
Jem Moran, Angela
Skarmutsos

11th Fiona Oliva, Maureen
& Lorraine Colgan

18th Ann Shaw, Vicky
Hayes, Dawn McFerran

25th Christmas Day

January

1st: Edna Morrison, Gillian
Fletcher, Carol Majury

8th: Charles Robinson,
Irene Bell, Alison Dornan

15th: Richard & Sandra
Kennedy, Ann Reynolds

22nd: Grace McLaughlin,
Sandra Hill, Ella Walker

29th: Pat Davidson, Jonnie
Stockton, Robin Gouk

Mothers' UNION

Christian care for families

This year MU are
having a Christmas
Dinner on **Monday 5th
December** in the Parish
Centre. The evening will
begin with Mulled Wine
at 7.30pm followed by
dinner and costs £18. If
you would like to come,
please contact Janice
91857448 or any of the
committee for a menu.

Our first meeting in the
New Year is on the second
Monday 9th January due
to the New Year Holiday.
Colin Nevin will be sharing
his experiences as an Irish
Chef working in the Hilton
Hotel, Tel Aviv.

If you have never been
to Mother's Union come
along and give it a try.
You will be very welcome.

Flower Rosa

December

4th Jackie McCabe

11th Audrey Carroll

18th Christmas

25th Christmas

January

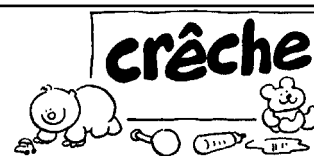
1st Pamela McNutt

8th Betty Armstrong

15th Joan Thompson

22nd Agnes Officer

29th Pat Shannon



December:

4th: No Crèche

11th: Heather Glasgow,
Ruth Toy, Caroline Gillen

18th: Carol Service

25th: Christmas Day

January

1st: No Crèche

8th: Heather Glasgow,
Ruth Toy, Joanne Smyth

15th: Julie Monaghan,
Irene & Jenny McKay

22nd: Katherine
Newman, Dianne Dornan,

Julie Patterson

29th: No Crèche

FUNERALS

**20th October: JAMES
KINLOUGH CAUGHEY (KEN),**

late of 94 Fairfield Road

**7th November: DIANE
HEATLEY,** late of 176

Groomsport Road

**9th November: MYRTLE
McDONALD,** late of 22

Riverside Road

**11th November: FLORENCE
WHITE** late of Holywood NH

**21st November: SHEILAGH
JEBB,** formerly of 27

Godfrey Avenue



December

11th Sarah Tweedie, Elaine
McNamara, Trish McGrugan

January

8th Stefan & Tracie
Andresson, Sarah Tweedie

15th Janet Boal, Sarah

Benton, Gillian Fletcher

22nd Paula Foye, Deborah Galbraith,
Heather Dickey

29th Samantha Gouk, Karen Hunt,
Debbie Hunter



What's on your iPod?

My name is Aaron Martin. I've been part of St Columbanus since 2008. I'm currently in Edinburgh, at Heriot Watt University, studying languages. I've previously helped out with Children's Church at St Columbanus.

- | | |
|--------------------------|---------------|
| 1 Rehab | Amy Winehouse |
| 2 Bohemian Rhapsody | Queen |
| 3 Days of Elijah | Robin Mark |
| 4 Tears Dry On Their Own | Amy Winehouse |
| 5 Indescribable | Chris Tomlin |
| 6 Set Fire To The Rain | Adele |
| 7 One Day Like This | Elbow |
| 8 Look After You | The Fray |
| 9 Sinnerman | Nina Simone |
| 10 Birds | Paul Weller |



Calling new recruits Home Visiting Team

You may not be aware but there are currently more than 40 Ballyholme parishioners

who make up a team of home visitors. Quietly, month by month, they make regular calls at the homes of many of our parishioners, who, for one reason or another, are no longer able to get out to Church. It is a simple ministry of friendship and care and means so much to those on the receiving end. The visitors themselves help to keep up a meaningful connection with Parish 'family life' as news is shared and the world set to rights!

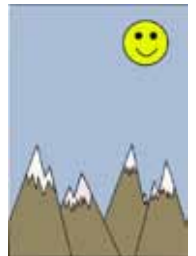
If you know anyone who would enjoy receiving a regular visit, please contact Karen at the parish office on 91274912. Meanwhile, we need some new volunteers and we will be having a meeting on Tuesday 24th January at 7.30pm to talk about practicalities and to share our experiences. We do our best to match up personalities and while it doesn't always work we seem to get it right most of the time. It is a simple and manageable undertaking and with New Year resolutions in mind, we hope January 2012 will see a new batch of recruits. Might this be a ministry for you?

Sam's Sponsored Mountain Marathon

--Update--

To date, a fantastic £800 has been received.

We still have a little way to go to reach the more than £1000 pledged so it would be appreciated if outstanding pledges could be dropped into the office as soon as possible.



FREEWILL OFFERING ENVELOPES

The next year's freewill offering envelopes will soon be available for collection.

They can be found at the back of the church in boxes, in alphabetical street order. It would help us considerably, if, when you are picking up your own, you could take some of your neighbour's envelopes with you and pop them through their door.

CHILDREN'S GIFT SERVICE

Sunday 4th December
At 10.00 a.m.

All young people are asked to bring along a small present so that it can be given to children less fortunate than themselves at Christmas.

Please mark which age and sex the present would be suitable for.





CMJ - The Church's Ministry among Jewish People



“The time is coming,” declares the LORD, “when I will make a new covenant with the house of Israel and with the house of Judah...” (Jeremiah 31:31)

Over two hundred years ago, this Scripture profoundly affected Joseph Frey, a Jewish believer in Jesus and led to the foundation of CMJ in England in 1809. CMJ Ireland was established a year later in 1810. Today CMJ is a global family with partners in Israel, the United States, England, France, South Africa, Australia, and Ireland.

CMJ built the first Protestant church in the Middle East, Christ Church Jerusalem in 1849 and also the first schools, and the first hospitals. Today Christ Church is an evangelical Anglican congregation, comprised of expatriates along with local Jewish and Arab believers and shares its facilities with a Messianic Congregation. From the beginning, the message of CMJ has been to remind Christians of the great spiritual debt owed to the Jewish people. Its Mission is to “encourage Jewish people to come to faith in Jesus as their Messiah, to support them in serving him as Lord and to equip the Church to be involved in the mission.” CMJ continues in its ministry to be a witness to both Jews and Gentiles of God’s love and faithfulness as found in Jesus the Messiah.



“His purpose was to create in himself one new man out of the two” Eph ch 2v15



God has opened new opportunities for CMJ Ireland in Europe and since 2007 CMJI has supported summer camps in Ostróda Poland for Jewish Children from Russia and Belarus, “Children of Holocaust” camps for Jewish people from the age of 60 up to 80, and training for church leaders.

In Israel, CMJI continues to support the Heritage Centre Ministry in Christ Church and the Sunshine School, located in the Moslem village of Beit Hanina, as it serves children from Muslim, Palestinian and expatriate backgrounds.

Recently we have created new links with various projects in Israel and your prayers and financial support is needed for this work to continue and grow. If you would like further information or to receive the bimonthly newsletter or to make a donation to CMJI please contact me on 91451150

Pat Davidson

BUY A BUCKET - KIWOKO GIFT CARD



Christmas is coming, cash registers are ringing, there’s so much preparation going on we hardly have time to think! But please, stop for a moment or two, and talk to

God about the gifts He would like you to give this year.

His answer will undoubtedly be very personal and very special for each one of us; but we can be sure it will involve us in acts of kindness and love towards family, towards friends and towards people near and far who God wants us to care for.

That’s why this year our Kiwoko Gift Cards [on sale from the Church Office this morning] have taken the theme ‘Buy a Bucket’. They aim to provide the people of St Columbanus with the opportunity to contribute towards increasing the water supply at the hospital. As our own Dr Rory Wilson says ‘as the staff and patient population has grown we appear to have exceeded our water capacity again.....’

So please, in the midst of the tinsel and the rush, do find time to call at the Church Office to purchase your Kiwoko gift (suggested donation £10) then, in Jesus name, send it to someone very special.

Memories of a Nurse

Many of you know that Meta celebrated her 100th birthday not so long ago. She is still out and about and a regular at our lunches, cinema and Wednesday Clubs. We asked her about her younger days, and this is her career story.

I started my nursing career on a very cold and wet Friday afternoon in 1932, at the Belfast Infirmary, 51 Lisburn Road, that would eventually become the Belfast City Hospital. Things were quite different then and for the first three months I received no salary. Also, I had to buy my own uniform and textbooks. After my general training, I qualified as an SRN (State Registered Nurse). I then moved into the Jubilee Hospital where I specialised in “mother and baby” nursing, where I became an SCM (State Certified Midwife) after an interview with the committee and board of guardians. Eventually I was appointed to the position of Sister. One of my roles was a Staff Nurse/Sister on the female Genito Urinary Ward (then known as the VD ward!). My salary then was £8 per month, plus £1 danger money!



As Sister in Top Ava, I can well remember going up onto the flat roof to watch the air raids over Belfast - obviously never thinking of the danger. In 1944 I moved to Blackpool and whilst nursing there I met my late husband. I later returned to Northern Ireland and, at my own expense, I studied and took my exams in health visiting. I worked for 30 years as a Health Visitor in the Ardoyne and Upper Crumlin Road areas in Belfast. My most famous “baby” was to grow up and eventually become President of Ireland. On my 100th birthday, earlier this year, I was very pleased to receive a wonderfully kind letter of congratulations from Mary McAleese. During my time as a Health Visitor, I had to juggle my career whilst caring for my ailing mother. Many incidents are easily recalled, but one in particular stands out - it involved a little abandoned baby boy. He was brought to my ward by a policeman whose surname was Saddler. So for the next six or seven months in my care, the baby was known as “Paddy Saddler”. I was moved on to night duty and it was during this time that the little baby died. The consultant in charge said that the baby had missed my mothering and ordered that I would never have to do night duty again - and I never did. As a Health Visitor, I was issued with coloured plastic bus tokens to pay for public transport. Eventually I was allowed to use my own car and claim mileage allowance.

The following is a poem that I learned many years ago, and sums up my career.

*In spite of all that's hard
In spite of tired feet
There's something in this busy life
A something that is sweet.
And if I had my choice again
I still would be a nurse
And don the cap and apron
For better or for worse.*

The Walkers in the Roe Valley

Wall to wall sunshine made the Roe Valley Country Park a spectacular venue for our November walk and our larger than usual party of 23 enjoyed the stunning Autumn colours on the six mile ramble up and down the river banks. We were glad to welcome back Glynis, Adrian, Willie and Liz. The walk took us from the Dog Leap car park up the valley to the Carrick Church perched on a cliff edge in a picturesque location high above a wooded gorge. Then it was down again to the river bank and back towards the Visitors' centre past O'Cahan's Rock. The O'Cahan clan ruled this area from 12th century and myth and legend surround their presence. Some are remembered in place names such as Limavady. The name Limavady (*Léim a' Mhadaidh* meaning "leap of the dog") comes from the story of how the faithful hound of an O'Cahan chief leapt a gorge on the River Roe to get help during an enemy attack. Another version tells how the chief made the giant leap on horseback to escape pursuers. A horseshoe shaped print on the rock of the far bank is used to support this legend!

Power House to supply electricity to his home, Roe Valley House, (now the Radisson Hotel) and eventually, in 1924, the town of Limavady. It operated until 1946 when the now NIE took over, continuing operations until the 1960s. It is planned to begin the supply again next year. We saw many buildings related to the linen industry. Flax grew well in the damp conditions in the Roe Valley and the river provided water power to operate the mills. We came upon the Weaving shed (now the Green Lane Museum), the Beetling and Scutch Mills and the Bleach Green itself as well as the Corn Store and Mill. A late lunch at the picnic site in the sunshine brought the outing to an end.

The next walk and our Christmas Lunch are on 3rd December. The walk is along the embankment at the head of Strangford Lough from the Floodgates car park and includes a stop on the way back in the Craft shop at Maurice Patton's Farm (well known for the allotments). Meet at 9.45 in the church car park. Details of the meal will follow. Betty Armstrong

The Roe Valley is not only a beautiful country park with an internationally important salmon fishing river, but an interesting industrial heritage site with many links to the linen industry and the first domestic electricity supply in Northern Ireland. Park Warden John Boyd opened the Power House for us and told us the story of how in 1897 Major John Edward Ritter began the construction of the Hydro Electric



NEW YEARS' DAY WALK January 2nd 2012

Don't forget our Annual New Year's Day Parish Walk which will take place on Monday 2 January. To help as many folk as possible get along, our starting time will be flexible. Gather up and head off from the Church Gates any time between 10.00 and 10.30 then follow the usual route along Groomsport Road,

down to the beach, along the Promenade, past Ballyholme Yacht Club, along Ward Avenue and back to the Parish Centre for hot chocolate and doughnuts.

The famous yellow coated marshals will be dotted along the way to take care of you and make sure you take all the correct turns.

Don't forget to wrap up well and bring a brolly if it looks like showers!



BALLYHOLME PARISH GOLF SOCIETY

Our next outing will be to Bangor Golf Club on Thursday 29th December.

Meet at 9.00 am. For more information, ring Harry Browne on 91467275



Children's Church

Well, here we are two months into our new role of Children's Church leader and we are loving it. What a privilege to be asked to lead Sunday School for the year. Jacqui is leading Ice, Kelly is leading Splash and Michelle is taking the Bubbles



group. Every week we meet together to sing one or two songs, then we split into our smaller groups for a closer look at our topic. We are currently studying Moses and the miracles Jesus performed

as well as beginning our nativity rehearsals. Our highlight so far has been singing in church at harvest. What an amazing feeling when the congregation joined in with the children, encouraging them to sing even louder! We have



been practising a new song which we guarantee will amaze you even further! X factor is no competition for Children's Church! We would all agree that help is an essential element in making Children's

Church a success. Our weekly volunteers are invaluable and we are very grateful for their help. If you have not yet volunteered and are interested in helping out please contact Joan Dales or speak to one of us - we promise you will not be turned away!



Many hands make light work!

We are planning a Fancy Dress Angels and Shepherds Christmas party in December where we will play games and have a visit from someone very special! Party food and sweets will be supplied. Further details about the party will follow.

Meanwhile, thank you for all your support. We have received many words of encouragement from parents and grandparents and it is lovely to know that your prayers are with us while we fulfill our role this year.



Kelly, Jacqui and Michelle

Here is a tasty recipe to help you use up those Christmas leftovers

Ham with boozy cranberry & mushroom sauce (serves 4)

1tbs olive oil, a large knob of butter, 250g chestnut mushrooms, halved, 4tbsp port or red wine, 2tbsp cranberry sauce, 150ml hot water, 2 clementines, juice only, 1tsp bouillon powder or 1/2 chicken stock cube crumbled, a splash of soy sauce, about 350g leftover cooked ham, cut into chunky slices

Heat the oil and butter in a frying pan until the butter is foaming. Add the mushrooms and fry for 4-5 minutes until golden.

To make the sauce, pour in the port or wine to deglaze the pan, then lower the heat and stir in the cranberry sauce until dissolved. Pour in the hot water and fruit juice and sprinkle in the bouillon powder or stock cube. Splash in a spoonful of soy sauce and stir well. Turn up the heat and boil the sauce rapidly for a few minutes until it reduces slightly. Slide in the ham and heat through for a minute or two, Taste for seasoning and serve.



Spending Christmas Together

What is it that we love so much about the Christmas festivities? I'm sure as you read that question a number of things spring to mind. A vote on the BBC Newsround website of more than ten thousand children revealed what they considered the 'best thing about Christmas' to be. Top of the list was naturally enough presents, at 35%. Perhaps a little more surprising was second place - 'being with family and friends' with a whopping 32.5%. Time off school (12%) was followed by celebrating religion with 5% of the vote. If we all got together to compare our favourite things about Christmas, we would find much in common, things we all love (who could bemoan twinkly lights, or a Christmas cracker?). Just like the children of the UK, I'm sure 'being together' would be right up at the top end of most of our lists. In the yuletide season, we enjoy spending time with our friends and families as we share the things we love.



Of course we don't always agree about some of the finer points of Christmas; there are areas that could divide us should we let them. Chief among these issues is that of the (ig)noble brussel sprout. Some people love them, some hate them and some put up with them for the sake of peace (for the record, I'll eat a few, but only if I have to). At Christmas, we make exceptions for one another. A grandmother enters into the joy of her grandson's new *Ben 10 Action Cruiser*, even if she's not quite sure what it actually is. A nephew takes the time to greet and catch up with his aunt, even if he'd rather be playing with his new *Ben 10 Action Cruiser*.



Of course Christmas can't be all *HO,HO,HO* and *FA LA LA*. There are some parts of the season that are more difficult than that. Perhaps it's the stress of finding presents, the financial burden, or even the tensions of having *that* relation over for dinner that we find a personal burden. Whilst Christmas is a time for being together, for many it is a time when we miss those who we are apart from. As we toast 'absent friends' we remember those that we have shared with in the past and we join in their memory. So Christmas is a time when we make a special effort to be with one another, to share, to serve, to put aside personal preference for the sake of togetherness.



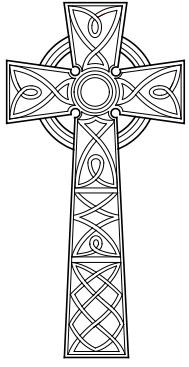
When we think of being together, or even apart at Christmas, we think primarily of our family and friends, but where does church fit into this? We don't meet as a church in the same way as we do in our homes at Christmas dinner, rather we come together at various services and events.

One of the most popular services of the year is the festival of Nine Lessons and Carols. Towards the end of the final lesson John writes...

"Yet to all who did receive him, to those who believed in his name, he gave the right to become children of God— " John 1:12 (NIV)

As we receive the true gift of Christmas (Jesus Christ), and we believe in his name, we become the children of God along with those around us in the congregation. Our church family *really* is our family because we are brothers and sisters. Making our way through Advent in the run up to Christmas, let's remember the joys of our church family. As we appreciate being together, let's make a special effort to connect to our brothers and sisters across age and penchant spectrums. Above all, let us rejoice together the very gift that makes us a family.

Have a very joyful Christmas Sam



The Quiet Corner

A Thought for each day

The extent to which the world is unevenly divided in material goods and possessions is a distressing reality that for most of us in this part of the globe, is encountered only indirectly through pictures or reports in newspapers, magazines, television or radio programmes. This reporting of starving, near naked, homeless, impoverished, sometimes brutally oppressed, fellow human beings can cause us, as onlookers, to take action in ways that seek to relieve such suffering. It can also generate an escapist reaction of turning off radio or television news broadcasts as a means of removing visual and verbal realities that disturb conscience.

I suspect that most of us have engaged in both positive and negative response when reminded of disturbing realities blighting the lives of fellow human beings far away or nearer home. In our more spiritually sensitive reflecting there is the dilemma: How can we in conscience give thanks to God for the blessings we experience and enjoy when so many in our world have so little and for whom life is a continuing struggle? Enjoyment of Christmas festivities and the more than usual amounts of expenditure and consumption that accompany them can, in the clearing-up aftermath, create a sense of ill-at-ease-ness that in part may be related to our reduced cash balance but also to a twinge of conscience. To wrestle with finding a right relationship of gratitude and enjoyment with compassion and generosity is the test for humanity in general and for Christian integrity it is inescapable.

In my own wrestling I find help in reflecting on words written by James Alford

*I do not thank thee, Lord, that I have bread to eat while others starve;
Nor yet for work to do While empty hands solicit heaven
Nor for a body strong While other bodies flatten beds of pain.
No, not for these do I give thanks;
But I am grateful, Lord,
Because my meagre loaf I may divide;
For that my busy hands May move to meet another's need;
Because my doubled strength
I may expend to steady one who faints.
Yes, for all these do I give thanks?*

To myself I say: "Think on these things" - Now and in days and times to come.

Gordon McMullan

POLICE MALE VOICE CHOIR TO VISIT ST COLUMBANUS

20 JANUARY 2012

8.00pm



Parishioners, friends and neighbours can expect a special treat when the Police Male Voice Choir makes a return visit to St Columbanus. Known for its excellence throughout Northern Ireland and beyond, the Choir will be performing in the Church and be accompanied by a number of guest artists.

A capacity audience is anticipated and a great night is guaranteed, so to be sure of your seat please call in to the Church Office and collect your ticket (suggested donation towards Church Building Fund £10).

Our Worship

Sunday 4th December Advent 2

8.30 Holy Communion
10.00 All Age Worship & Gift Service
11.30 Morning Prayer
6.30 Holy Communion

Wednesday 7th December

10.30 Holy Communion - Kajiado room

Sunday 11th December Advent 3

8:30 Holy Communion
10:00 Morning Worship & Children's Church
11:30 Parish Communion
6.30 6-8 service

Wednesday 14th December

10.30 Holy Communion - Kajiado room

Sunday 18th December Advent 4

8:30 Holy Communion
10:00 Children's Carol Service
11:30 Morning Prayer
6.30 Carols by Candlelight

Wednesday 21st December

10.30 Holy Communion - Kajiado room

Saturday 24th December Christmas Eve

5.00 A Family Carol Service
11.00 First Communion of Christmas

Sunday 25th December Christmas Day

8:30 Holy Communion
10:00 Family Service

Sunday 1st January Christmas 2

8.30 Holy Communion
10.00 All Age Worship
11.30 Morning Prayer

Wednesday 4th January

10.30 Holy Communion - Kajiado room

Sunday 8th January

1st Sunday after Epiphany

8:30 Holy Communion
10:00 Morning Worship & Children's Church
11:30 Parish Communion
6.30 6-8 service

Wednesday 11th January

10.30 Holy Communion - Kajiado room

Sunday 15th January

2nd Sunday after Epiphany

8:30 Holy Communion
10:00 Morning Worship & Children's Church
11:30 Morning Prayer
6.30 Holy Communion

Wednesday 18th January

10.30 Holy Communion - Kajiado room

Sunday 22nd January

3rd Sunday after Epiphany

8.30 Holy Communion
10.00 Parish Communion & Children's Church
11.30 Morning Prayer
6.30 Bangor Christian Unity Week service

Venue to be confirmed

Wednesday 25th January

10.30 Holy Communion - Kajiado room

Sunday 29th January

4th Sunday after Epiphany

8.30 Holy Communion
10.00 Wholeness & Healing
11.30 Wholeness & Healing
6.30 Compline



ANNUAL FOOTBALL MATCH

This year's match between the Oldies and the Y. F. will take place at the Valentine Playing Fields at 10.30 a.m. on Monday 26th December.

Why don't you take part this year - or just come along and support the brave competitors?
For further details contact Sam or The Rector at the Parish Office.

Help needed to decorate the church for Christmas.
SATURDAY 17th December at 10.00 am

All offers of help, flowers, greenery etc, very much appreciated.

