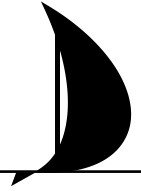


Church of

# St Columbanus



Parish of Ballyholme

June 2012



Farewell thoughts  
from Stephen  
Page 4



The Parishioner

The Church is open every weekday morning for private prayer and meditation

## The Rambling Rector

For most of us in St Columbanus emigration is something extremely far removed from our personal experience. In January 2008, when Stephen and Debbie Smyth relocated from South Africa to be nearer Stephen's parents in their native Northern Ireland, it was a matter of giving up jobs, a home, and a world of much loved places and faces. They were also leaving behind two children: Jared and Kirsten, both at university. For Adam, their number three who did make the move, there was a school full of friends and a whole academic system to walk away from. You might say that the Smyths said farewell to everything that was secure to them four years ago. With the exception of one thing: their Christian faith. That faith has guided them, provided for them, comforted them too no doubt at times, but now it is opening a completely new door for them as Stephen becomes rector of Inch and Kilmore. Please join us on Sunday 17 June as we give thanks to God for bringing the Smyths and the parish of Ballyholme together so happily and fruitfully over the last nearly four years. They have touched so many of our lives.



At long last the roof for the Headquarters building in the Diocese of Kajiado is on! This is a significant milestone for both the Diocese and for Ballyholme Parish. Your commitment to this project has enabled the Diocese to reach this point

and the donation sent out just before Christmas is what was used to take the final steps. So, what is next?

Now that the roof is on it looks much more like a 'building' and there have been a number of organisations and individuals making enquiries to the Diocese about the possibility of renting some of the rooms. This is good news and gives the Diocese the impetus to continue the journey and ensure that rooms are ready for use. They plan to do this in two ways:

1. Explore the possibility that some tenants would put some funds up-front to complete the rooms they require and then have this deducted from their rent.



2. Hold a specific Harambee (fund raising) for this work on Sunday 10th June. On behalf of the Diocese - and of CMS Ireland - I would like to thank you very much for being willing to walk with the Diocese on this journey and I know that God will continue to bless us all as we support each other in mission. Ronnie Briggs Mission Director



The Church Wardens and Members of the Select Vestries of the Grouped Parishes of Kilmore and Inch, invite you to the Service of Institution of  
The Rev. Stephen Smyth  
By The Bishop of Down and Dromore  
On Tuesday 26th June 2012 at 8pm

*If you are intending travelling to support Stephen, please leave your name in the Parish office.*

## CHARITABLE GIVING UNDER THE GIFTAID SCHEME

Last month saw both the start of a new tax year and the publication of the Church accounts for last year. It is around this time that many of us review our own situation and think a bit more about the level of our giving to the Church.

Most of us are aware that when we make a cash gift to the Church under the Gift Aid Scheme the Church can reclaim tax from H M Revenue & Customs (HMRC) but few of us really understand the mechanics of this transaction and the effect it has on our own tax position. This article sets out to explain in overview the general position so that we can all make a more informed decision regarding the level of our giving to the Church and to encourage us all to think more positively about how we can maximise our giving to help the Church and ourselves to reclaim more tax from HMRC. The Gift Aid Scheme covers both single donations and a series of donations, including covenanted payments.

Gift Aid donations are treated as being made net of basic rate tax (currently 20%) so a basic rate taxpayer who makes a gift of £80 (net of tax = 80%) under the scheme will enable the Church to reclaim an additional £20 (20% tax) from HMRC. It should be noted however that the donor must pay enough tax on his income to cover the £20 reclaimed. Therefore those people who are e.g. on a state pension and do not pay tax should still continue giving but must not do so under Gift Aid. This is why someone wishing to give to the Church (or any other charity) will be asked to sign a declaration that they are eligible to make payments under Gift Aid. If you sign this you are declaring that you are a taxpayer. If you do not pay sufficient tax in the relevant tax year to cover the basic rate tax on the Gift Aid repayments HMRC may claw back the tax relief and you will be asked to pay more tax.

Those donors who pay tax at the higher rates may reclaim tax directly from HMRC at the difference between their top rate of tax (say 50%) and the basic rate already reclaimed by the Church. Therefore if I gift £80 net of 20% tax to the Church, the Church reclaims £20. However I can still reclaim the difference (50% - 20% = 30%) of £30.



Donors who are entitled to additional tax allowances such as Married Couples Allowance or Age Allowance should take professional advice regarding their payments as Gift Aid payments may affect their personal tax allowances.

Donations made under Gift Aid between 6 April and the date of submission of a self assessment tax return may be carried back to the previous tax year. For example if I make an £80 donation on say 1 September 2012 and I submit my 2011/12 self assessment tax return on 30 September 2012 I can elect to carry my £80 payment back to 2011/12 and obtain the relevant tax relief in that year. (The Church will still reclaim the £20 tax back in the current year.) This may be useful for donors making substantial one-off payments as the tax relief can be obtained almost immediately.

Taxpayers expecting a tax repayment may indicate in their returns that they want a nominated charity to have all or part of the repayment. They may also indicate that Gift Aid should be applied to the donation. In addition the Government has announced that from April 2013 charities that receive small donations of £10 or less will be able to apply for a Gift Aid style repayment without the need to obtain Gift Aid declarations for those donations. This means that those people who currently give but are excluded from the Gift Aid Scheme due to low income, will now be enabling the Church in obtaining a tax refund. There will be a cap on these types of donations to £5,000 per year, per charity.

In conclusion, by increasing our giving, particularly for those donors who are higher rate taxpayers and indeed for all of us now with the new regulations from April 2013, we are maximising our financial support for the Church and enabling the Church (and in many cases ourselves) to reclaim more tax from HMRC.

Finally, the information contained in this article is the view of the writer only and should not be taken out of context or relied on when making decisions regarding your finances. Professional advice should always be sought before making any financial decisions.

## Au Revoir

It is with great sadness that Debbie and I take our leave of Ballyholme. I can't believe how fast the past four years have flown by; it seems just like yesterday that we moved into Beverley Gardens. Perhaps the old adage that time flies when you're having fun applies. I have certainly enjoyed my time at St Columbanus and consider it a real privilege to have been your curate for this length of time. I have certainly learned a great deal and have been greatly enriched by the experience. Ministry is often a two way street and on many occasions I have felt the greater recipient of blessing, receiving far more than I have been able to give. There are many individuals and couples in St Columbanus who have demonstrated and modelled Christianity to me, being wonderful examples of faithfulness, patience, bravery, kindness, generosity, wisdom, cheerfulness and service. It's a tremendous testimony to the rich heritage of the Parish and all the labours of those who have gone before.



There are many people that I could and would like to thank by name but I will limit myself to the following: Simon, the whole Staff Team, all our Retired Clergy, the Select Vestry, the Church Wardens, the Finance Committee and all the Home Group leaders it has been a real pleasure and a great privilege to have worked with you and under you. I shall treasure many special memories.

I close with a thought from the Book of Acts: When the Apostle Paul takes his leave of the Ephesian elders he commits them to the Lord and to the word of his grace, which he says can build them up and give them an inheritance among all those who are sanctified. I can pray and do no less for you, with grateful thanks and much love.

Rev Stephen Smyth  
Trinity 2012

## Some took the high road and some took the low road

The Cooley Mountains look across Carlingford Lough to the Mourne and it was this view we enjoyed for most of our May outing on Slieve Foye and Barnavave. And this is the view the mythical Queen Maeve of Connacht had when she set about capturing the most famous bull in Ireland from Daire, an Ulster chieftain, told in the Tain or Cattle Raid of Cooley. The only person fit to defend Ulster is seventeen-year-old Cu Chulainn but he fails in his task leaving us with the thought that Maeve and her army must have been a force to be reckoned with. We wondered was she also able to see the Isle of Man and the Mull of Galloway like we did. The Barnavave Loop is one of several new way marked walks in the Cooley Mountains and it was our chosen destination for the May outing. All eight miles of it, according to the pedometer. Fourteen of us gathered in the very pretty Norman medieval village of Carlingford and headed steeply up hill to turn right along the forest path which skirts Slieve Foye. Over a stile and making a sharp left turn took us back along the upper side of the forest on very uneven rocky surface, often muddy with streams running across it. Hobbledy-hoy as



Ann aptly described it. This brought us with some relief to the junction of the trail to a long grassy shoulder leading to the summit of Barnavave at 1000ft. It was here that some of us decided the old legs had had enough and left the other stalwarts to head on up to the top. There they found two options for descent and chose what turned out to be the steepest trail down Maeve's Gap, though it did afford a visit to the 7000 year old Neolithic grave. Some fellow walkers told them about a short cut through the brilliantly yellow and vanilla smelling gorse which cut about a mile of the trek. Never has Dan's Coffee shop in Carlingford been so welcome - so much so that one of the group visited it twice within an hour!

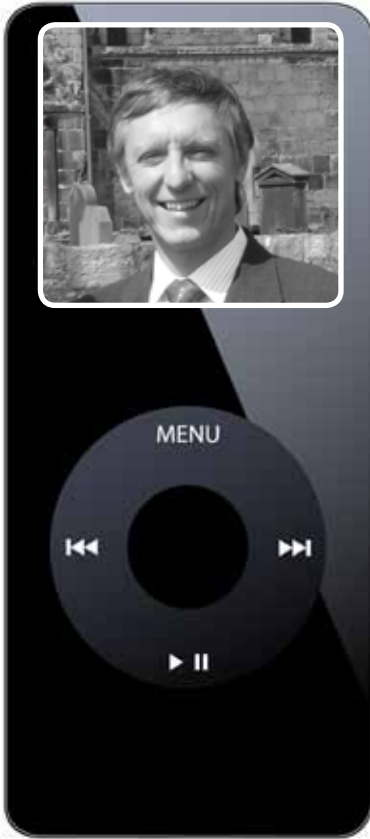
The next walk is the Castleward Boundary Trail (which WalkNI says is 8.1 miles). We are planning a wee diversion on the way with breakfast at the Pit Stop café on the Balloo Road. So we meet at the café (**not the church car park**) at 8.30 on June 2<sup>nd</sup>. Those who wish to skip the brekkie and go on to Castleward should meet up on the Park Road at the back of Audley's Castle at 10.15 approx. I will send a map nearer the time.

Betty Armstrong

### What's on your iPod?

**Robbie Jackson**

You can occasionally find me playing the piano at the 10 am service, or preaching as one of the St Columbanus lay readers. During the week I work in the IT area for BT, and musically my tastes tend towards what might be best described as "classic rock". Here's ten of my favourites from down the years. I just wish I could play the piano like Mike Garson on the first one though!



- |    |                                |                  |
|----|--------------------------------|------------------|
| 1  | Aladdin Sane                   | David Bowie      |
| 2  | Kashmir                        | Led Zeppelin     |
| 3  | Where the streets have no name | U2               |
| 4  | Stockholm Syndrome             | Muse             |
| 5  | Endless Dream                  | Yes              |
| 6  | Don't fear the reaper          | Blue Öyster Cult |
| 7  | Overkill                       | Motörhead        |
| 8  | Comfortably Numb               | Pink Floyd       |
| 9  | Sweet child o' mine            | Guns N' Roses    |
| 10 | Free Bird                      | Lynyrd Skynyrd   |



**C**ome along to say farewell to Stephen and his family at a St. Columbanus lunch to be held in the Parish Centre on **Sunday 17<sup>th</sup> June** after morning service at 12.45pm

**The Church's Ministry of Healing**

Is holding two **Quiet Days**

at Echo Sound, Downpatrick on Thursday 21<sup>st</sup> June or Saturday 23<sup>rd</sup> June 2012 from 10.30 - 4.00pm

Cost £22

Place reserved on receipt of donation  
Book with Tishy on 90782160

**Eighty-One Squares**

For hours on end he sits and stares,  
At a grid of eighty-one squares.  
As time goes by he simply glares  
At the game they call Sudoku.

His wife does hers in half the time -  
Boxes filled from one to nine -  
But he's not done a single line!  
It's a shame about Sudoku.

So she leaves him to his quest,  
But can't resist a subtle jest.  
I'll draw a veil upon the rest....  
You can blame it on Sudoku!



**At the Wedding**

**A**t attending a wedding for the first time, a little girl whispered to her mother, "Why is the bride dressed in white?"  
"Because white is the color of happiness, and today is the happiest day of her life."  
The child thought about this for a moment, then said "So why is the groom wearing black?"



## Brownie News

Recently our Brownies have been working towards their "On your Marks" Badge. This entailed quite a lot of work on the three sections - Sport, Culture and Values, and the girls have worked enthusiastically to gain their award. The tasks involved craft, designing a sports outfit, inventing a new game for the Olympic Games and learning about different cultures, to name but a few.



For the different cultures, we had Stephen Smyth give us a talk and slide show on life in South Africa, where they eat Sadza and Flings, and Derek Shannon telling us all about Japanese life and customs. The girls were shown kimonos, and practised using chop sticks, which we have to say, they learnt very quickly when there were noodles to be eaten!

We finished this year with a sponsored pyjama party to raise money for a MRI scanner for the

Royal Victoria Hospital. One of our Brownies has a baby brother who urgently needed heart surgery earlier this year, and had to go to Dublin for the operation, as the Royal didn't have the bed they needed. The family decided to fund raise to help provide funds for their appeal of the scanner, and so we decided to do our bit.



At the end of this season, Sue, one of our leaders is retiring after twelve years with the pack. We would like to ask if there are any ex leaders or Guiders out there in the parish, that would be interested and willing to help on a Tuesday night from 6.00pm to 7.15pm. We have 26 enthusiastic girls and would welcome any help. For more information, please contact Margaret Hagan 91468048.



### The Wednesday Club

After a break for Easter, we all met up again for our May meeting. 44 ladies were enthralled by a talk by Noel

Beattie on his recent holiday in India and Nepal. His slides and talk were extremely interesting and prompted many questions.

As we were having our very welcome cup of tea, it was announced that next month (June) instead of our usual outing, the committee had decided to hold a Diamond Jubilee party instead.

This party will take place on **Wednesday 13th June (please note date!)**. To compliment the auspicious occasion, we have all been asked to dress ourselves suitably for a royal party, not forgetting a hat!

Rene Miles was the winner of this month's draw.

### Mistakes

Learn from the mistakes of others. You simply can't live long enough to make them all yourself.



For those who don't know me, I'm Emma Darragh; I'm sixteen years old and have been a member of St. Columbanus since my baptism on 10<sup>th</sup> September 1995. Earlier this year, I was delighted to be one of a group of ten young people

selected to go on a mission trip with N.I. charity Exodus to N.W. Romania. As with all mission work, fundraising is necessary and my two ideas were to hold a fun Zumba night in the Parish Centre and have a coffee morning in my home. Both of these were a great success and I was so overwhelmed by the generosity and support I received.

Thank you from the bottom of my heart to all those who came along, helped and gave so freely. It was very much appreciated. My final thanks go to our parish Missions Committee who have sponsored me on my first mission. My total raised to date is £930.18. This will go so far in this part of Romania where many families live in severe poverty. If you would like to support us in prayer, that would be wonderful. Emma

## Four Books by Brian McGilloway



I first met Brian McGilloway at the Aspects Literary Festival three years ago.

He is a local writer who lives in Derry where he teaches English in St Columb's College. At that time his first Inspector Devlin Mystery, "Borderlands", had been very successful and a second "Gallows Lane" had just been published. He read an excerpt of it to us. I was hooked and bought both books. What I liked about them was that they were set in the border area between Lifford and Strabane, an area well known to us, and the central character, Inspector Ben Devlin, is a very human and likeable individual with an attractive wife and two children, Penny and Shane. The family have all the highlights and problems of a normal family. Ben who is stationed at Lifford has a good relationship with his opposite number in Strabane and they help each other from time to time.

In the first book the corpse of a local teenager is found on the border and then another teenager is murdered; these killings appear to be linked to the disappearance of a prostitute 25 years earlier. As the winter weather worsens and the border is obscured by heavy snow, Ben finds the distinction between right and wrong and police officer and criminal becoming equally unclear. In the second book a series of gruesome murders takes place. Ben's enquiries point to a local body-builder, but when a born-again ex-convict is found nailed to a tree he realises the case is more complex and more sinister. Torn between family and job he is determined to find the culprit or culprits.

There are now two more books in the series. In the third, *Bleed a River Deep*, a controversial US envoy is attacked at the prestigious opening of a gold mine in Donegal and Ben is blamed for letting the gunman through. Then an illegal immigrant is killed near the border; this he links to a people smuggling ring but when another body turns up he begins to suspect the new mine is hiding more than gold. The fourth book, "The Rising", begins with the summons to a burning barn where the remains of a drug dealer are found. Suspicion falls on a local vigilante group, The Rising. Then the teenage son of a former colleague goes missing and the boy's body is found washed up on a nearby beach. Another drug dealer is killed. Just as Ben is finding the truth, his 13 year old daughter is seriously injured in a riding accident at a party in the home of a man who had previously avoided criminal prosecution and whom Ben believed was guilty.

The story in each book is complete and therefore each can be read separately. All deal with contemporary themes and all have been favourably reviewed by English and Irish Press. If asked for a favourite I would choose "The Rising".

Laura Gilbert

*Published by Macmillan Publishers Ltd;  
Paperback editions £6.99, £11.99, £6.99 and £12.99 respectively.*

## Things I Love by Bill Parr

It was an early autumn morning in 1943 and I was wending my way back to my Nissan hut which was for me, like so many others at this time, home. All around were the ugly signs of war - aircraft, bombs, guns, petrol tankers etc. What happened next was so much at odds with this scene that I still remember holding my breath in awe! Suddenly, there was a flash of blue and a kingfisher darted in front of me settling on a branch of a tree overhanging a little stream. I watched with bated breath as he dived into the water and reappeared with a little fish in his beak. Up until this moment in my life, I had taken the beauty of nature very much for granted and had never appreciated the miracle of Creation. For the first time, my eyes had been opened and I realised how I had been missing so much of the wonder and magnificence of our planet. I vowed then and there that never again would I walk in the country with eyes that did not see and ears that did not hear.



Over the years I have developed a greater awareness and appreciation of the flora and fauna all around and so I frequently say to myself 'What a wonderful world' - how could I not love them!

## Sharing many fond memories with Muriel

Never afraid to take on a challenge, Muriel Sim's energetic approach to life has rewarded her with many interesting memories to look back on.

Originally from Belfast, Muriel attended Bloomfield Collegiate and reckons she is the oldest living Head Girl. To mark this significant milestone she was given the honour of planting a tree to mark the school's Centenary celebrations several years ago.

Although keen to go to Queen's University to do languages, after completing her Senior Certificate at 16 she was still too young so returned to school and then successfully sat the entrance exam for the Imperial Civil Service.

Muriel was posted to London where she was an Executive Officer in the War Office trained to work on the audits. She remembers being stationed in St Anne on the Sea watching the German bombers coming in to devastate the nearby cities of Liverpool and Manchester and almost being able to wave to them they were so low. She returned to Belfast around 1941 where she was stationed at Victoria Barracks in Clifton Street working as an Army Auditor with the substantive rank of Captain.

Muriel laughingly recalled that she went out and bought a pair of dark glasses to wear when she went out to do audits mainly because some of the senior officers looked horrified to see a "chit of a girl" turn up to do their accounts.

When they were bombed out of the barracks German Prisoners of War helped them move to their new location on Derryvolgie Avenue.

Her decision to join the Boat Club in Belfast to play tennis had more far reaching consequences than she could have realised - it was there she met her future husband Jim, who was a banker. Following their marriage in 1948 Muriel had to leave the civil service as the rules dictated at that time.

After their three children came along the family emigrated to Vancouver but were back in Northern Ireland within a year. Jim was posted to Belfast as a branch manager and it was there that Muriel realised her long held dream of becoming a social worker.

Actively encouraged and supported by Jim as well as her aunt who helped out with the childcare, Muriel went back to study at Queens. Although there is



nothing unique about mature students nowadays, eyebrows were raised back then when she enrolled to become a psychiatric/medical social worker.

After graduating, she began working 12 hours a week as a part time social worker - a job that she has many fond memories of. "I loved that job" she recalled. Although she did not go into specific details, it was clear that many of the families and children she met left a lasting impression on her. "It was difficult, challenging and it was hard to detach yourself at times but you had to do it," she added.

When a full time post of principal social worker in Purdysburn Hospital came up Muriel was initially reluctant to apply but, urged on by Jim, she did and was successful. It was a massive change from her previous post - now she had responsibility for health and social services in three major local hospitals as well as the health centres in the area.

Another chance to move on came when she applied for and was appointed to the post of Social Work Advisor to the Department of Health and Social Services. Looking back now, she says it was a post she did not particularly enjoy but recalled how supportive Jim was of her progress.

After Jim's death, Muriel came to live in Bangor in 2004 a move that was initially difficult but proved to be the right one. A great believer in keeping her mind active, Muriel lives by her own philosophy - "When you are widowed you either become a recluse or keep yourself busy." And she added "I knew Jim would want me to keep myself busy." True to her word she is a keen bridge player, is a former member of the University of the Third Age, attends a weekly gardening class and has been an active member of Probus. She also did Spanish and French classes.

Her two sons live in Northern Ireland, her daughter lives in London and Muriel has 8 grandchildren, including two sets of twins, aged from 30 to 16.

After moving to Bangor Muriel met up with many of the friends they made while Jim was working here previously. One of them, also a widow, was very supportive and it was she who suggested that Muriel come along to St Columbanus, where she has been a member ever since.

Travel is also a great love of hers and she and her daughter enjoy regular trips abroad.

Rosie Lawther



### INDOOR BOWLING CLUB DINNER & PRIZEGIVING

Once again the club returned to the Rambling Rose Restaurant for their Annual Dinner and Prizegiving. The Club Chairperson, Roberta Munnis welcomed a good turnout of approx. 30 members and friends, including special guests Rev. Stephen Smyth and his wife Debbie. After a superb dinner, Club Secretary, Derek Coates together with Debbie Smyth presented the awards for the season.

#### PRIZEWINNERS - SEASON 2011/12

##### Ladies Singles

Winner: BERRY CUP Roberta Munnis  
Runner Up: CONN CUP Margaret McMeekin

##### Mens Singles

Winner: NIXON CUP Harry Browne  
Runner Up: WILSON CUP Jack Mercer

##### Handicap Singles

Winner: WALSH CUP William (Bill) Henry

##### Pairs

Winners: PAIRS CUP Norman & Roberta Munnis

##### Rinks

Winner: TRENIER CUP Norman Munnis



Special thanks go to Norman Munnis for organizing this excellent event. Also a reminder to all that the club AGM will be held this September prior to the start of the new season. A full report on the club's season and AGM will be available later in the year.

Derek Coates (Secretary)

### Spring Golf Outing

On Friday 26<sup>th</sup> April, 20 members met to battle it out at Mahee Golf Club. The weather was fantastic, the scenery magnificent, the golf up to its usual fine mediocre standard. Raymond McCabe emerged as narrow victor in the Men's competition, with Jem "the hair" Moran lifting the ladies' prize. The winner of the wooden spoon was Freddie "Quack quack" McNair. All jolly good fun!

The next outing is to Donaghadee Golf Club on September 21<sup>st</sup>.

HB



# YOUTH-news

youth [youth] (youths)      news [nooz]

www.ballyholmeparish.co.uk/youth

## Beginning of the end, or end of the beginning?

In just a few short months I will return to student life as I commence training for ordination. Throughout my time in Dublin, Ballyholme will remain my home parish but it's really the beginning of the end of my time here. It seems a good moment to look back over the twenty or so years that I have been part of our St. Columbanus family.



I moved to the parish in my early primary school years. I can remember Sunday School in the old wooden hut, the green laminated service sheets and running round with a fist full of biscuits in the big hall. Confirmation fills me with memories; affirming my baptismal vows, moving on to the older youth organisations, and forging lasting friendships. Growing older brought the opportunity of becoming a volunteer leader for many of the groups that I had grown up with.



After school, I left for the University of Surrey. Five years in England meant that my time in Ballyholme was restricted to holidays. I missed the building of a new parish centre and the arrival of a new rector, curate and youth ministry co-ordinator. It was a joy to come back to Ballyholme as a parishioner and to have a couple of years volunteering with the Youth Fellowship. Becoming a member of staff has been a whole new experience for me. One of the richest parts of my job has been getting to know parishioners from all parts of our congregation. In the past two years, I've got to know more Ballyholme parishioners than in the previous twenty years, and I am the richer for it. It's really only been at the end of my time here that I'm getting to know much of my church family.

My final year of working at Ballyholme has been about reviewing the past, and planning for what will come next. So what of the future? For me, it will be 2018 at least before I am rector of a parish. What might I observe then, in six years time, if I pop in to see my old church family? I would love to see some of our babies now growing, happy and energetic members of Children's Church. I'd love to hear our early primary school children, excited about moving up to our youth ministries and confirmation. I'd love those who are in secondary schools now, to be growing into young men and women who hold church as a central part of their lives. More than, and perhaps central to these hopes, I'd love to see babies, children, young people and young adults all enjoying something of the wealth of the relationships that I have discovered whilst working here.



Relationships have been really important to me growing up through church, which is why I hope we can move towards a more integrated youth and children's ministry. It will take time and effort, but it's definitely worth it.

## The Quiet Corner

**B**allyholme is a great place.

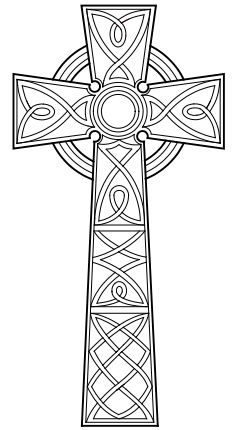
Readers of the Parishioner probably don't need much persuading of that fact. Having been away for several years though, I have been delighted afresh to walk along the promenade; call round to old friends for a cup of tea; paddle in the tide with Gideon; throw skimmers at the point....

Kiwoko is a beautiful place too - but Ballyholme does have many things missing from Kiwoko.

Returning to what is familiar after being away for a while gives a fresh view of things. As well as being struck again by how good living in this place is, I have been struck by how much people here grumble and moan. Obviously life has challenges and we shouldn't pretend otherwise, but my friends in Kiwoko have (on average) significantly more challenges than people in Ballyholme. How strange that at times people in Ballyholme who have so many good things, spend more time talking about what isn't so good. Meanwhile those in Uganda without so many good things spend more time enjoying what is good, and are less troubled by the many things which are not so good.

We all know how infectious grumbling - like gossiping can be. Just eavesdrop the next table when you're next out for coffee. But being positive and sharing 'good news' thankfully can also be equally infectious.

1 Corinthians 10:10 advises 'do not grumble.' As Christians we're meant to share the Good News of Jesus Christ. Today let's set out to not be pulled into grumbling and instead share some good news - if you have some.



Rory Wilson

### PAMOJOGA SUMMER 2013

Have YOU ever thought of going to Kenya ??

A team from Ballyholme will be going in  
Summer 2013.

If you are at all interested in joining us please email Elaine Elborn or speak to Simon, Stephen or Sue in the Parish Office.

Look forward to hearing from you soon - by end of June. More details for those interested

[elaineelborn@googlemail.com](mailto:elaineelborn@googlemail.com)



### Bloom in June at the Parish Centre

Once again it is a pleasure to thank our "Gentlemen Gardeners" Harry and Marty for their hard and dedicated work reflected in the wonderful display of Azaleas which should be in full bloom in May/June.

Please spare a little time to admire their work and say "Thank you" when you meet them.

Young and fit chaps - keep up the good work!

Pat Williamson

# OUR WORSHIP

**Sunday 3rd June**  
**Trinity & Diamond Jubilee Sunday**  
 8.30 Holy Communion  
 10.00 Family Service  
 11.30 Morning Prayer  
 7.00 Diamond Jubilee Service *in front of Town Hall*

**Wednesday 6th June**  
 10.30 Holy Communion - Kajiado Room

**Sunday 10th June Trinity 1**  
 8.30 Holy Communion  
 10.00 Morning Worship & Children's Church  
 11.30 Parish Communion  
 6.30 6-8

**Wednesday 13th June**  
 10.30 Holy Communion - Kajiado Room

**Sunday 17th June Trinity 2 Stephen's Farewell**  
 8.30 Holy Communion  
 10.00 Morning Worship & Children's Church Prize Day  
 11.30 Morning Prayer  
 6.30 Holy Communion

**Wednesday 20th June**  
 10.30 Holy Communion - Kajiado Room

**Sunday 24th June Trinity 3**  
 8.30 Holy Communion  
 10.00 Parish Communion & Children's Church  
 11.30 Morning Prayer  
 6.30 Evening Prayer

**Wednesday 27th June**  
 10.30 Holy Communion - Kajiado Room

## FUNERALS

**21st April:** May Law, late of Bangor Nursing Home  
**25th April:** Thompson Moore, late of 2 Robinson Crescent.  
**26th April:** Herbie Wright, late of 14 Ardmillan Gardens



### Children's Church Helpers

**10th June:**  
 Jim Murdock, Nikki Talbot, Colin Corbridge



**June:**  
**3rd** Pat Davidson  
**10th** Janice Hewit  
**17th** Olwyn Aiken  
**24th** Marion Milligan



**June:**  
**3rd:** No creche  
**10th:** Heather Glasgow, Patrick & Helen Crothers, Fiona Jackson  
**17th:** Julie Monaghan, Fiona Oliva, Dianne Dornan, Paula Foye  
**24th:** Katherine Newman, Helen Hartley, Rosemary McCullagh, Samantha Gough



**June**  
**3rd:** Yvonne Manogue, Michael & Sharon Hatch  
**10th:** Heather Johnston, Neil Devlin, Jean Law  
**17th:** Lynsey McDermott, Jill Owens, Maureen Aiken  
**24th:** Pauline Baird, Patrick Crothers, Pat Adair



### Annual Cricket Match

at  
 Bangor Grammar School Pitches  
 on  
 Wednesday 6th June  
 at 7.00 pm  
 Rector's XI v Youth Worker's XI

Be sure to come along and support the brave players!

We have a good curate called Stephen  
 But the Bishop has told him "You're leavin' Ballyholme, and so To Kilmore you must go And Inch, near Downpatrick".  
 We're grievin'!

Anon



Parish Office: 91274912  
 Rectory: 91274901 Curatage: 91271922  
 Prayer Line: 07531806167  
 Transport: 07599794968  
 Church Readers Rota:  
 John 91467243 or Freda 91467624