

St Columbanus

Ballyholme



Tea Drinking for Jesus
Health & Safety in Church
Prayer 24-7

Were you there in 1984?

..On the way *together*..



The Parishioner

March 2014

The Church is open every weekday morning for private prayer and meditation

The Rambling Rector

Can there be anyone left in the parish who has not now heard of our plans to restore our beloved Church building in 2016? Surely no one who comes on Sunday or Wednesday, reads the magazine or glances from time to time at the parish website can be unaware of what we are now working towards. As I wend my usual way around the parish many of you are mentioning it and, if not, I am mentioning it to you! I must say your positivity and support across the board has been a real encouragement. I'm still keen to speak to anyone who feels nervous about it all because in lots of ways I do too, especially in the teeth of today's financial uncertainty. But, as believers in every generation have discovered, God's economy is not that of the world. It's about seeing our undertaking from start to finish as a spiritual enterprise. And that's why over four weeks this Lent we will be looking in a very simple way at what the Bible has to say on the subject of restoration. Or at least some of it. There's more than you might think! Please join us.



Bishop Harold invites you to join him at Down Cathedral on **Monday 17 March 2014** for the annual **St Patrick's Day Festival Service**

followed by lunch in the marquee in the Cathedral grounds.

You are also welcome to attend the Holy Communion Service at Saul and to join the pilgrimage from Saul to Down Cathedral.

9.15am Holy Communion at Saul
 Preacher: Hadden Wilson, (former pastor of Ballynahinch Baptist Church)
 10.15am Pilgrimage Saul to Downpatrick
 11.45am Festival Service Down Cathedral
 Preacher: Alain Emerson (Emmanuel Church, Lurgan, 24-7 Prayer Ireland)
 Wreath laying at St Patrick's Grave
 1.00pm Irish stew lunch in the marquee

Transport to Saul

Please park along the Mall leading to the Cathedral in Downpatrick and board one of the private buses.

Buses to the communion service depart between 8.30 and 9.00am.

The last bus for the 35 minute pilgrimage leaves at 10.00am.

RSVP BY 7 MARCH TO:

The Bishop of Down and Dromore's Office
 Church of Ireland House
 61-67 Donegall Street Belfast BT1 2QH
 Tel: (028) 9082 8850



Springtime is here! In the middle of all of the rain, we've even had some sunshine - just a little bit, but enough that we can see the first flowers blooming. My favourite flower is the crocus because when I see one, I know Spring is very very close, - and I have seen lots of them in my garden! Spring can bring big changes around us, but we also start to make some big changes inside us. Lent, the 40 days before Easter begins on 5th March and it is a beautiful time of change. Just like at Advent, when we looked at our lives and made changes to prepare our hearts for Jesus' birth, during Lent we do the same for Easter, when we celebrate because Jesus died and rose from the dead because of His great love for us.



Lots of people give up things over Lent - things like chocolate if they eat too much, or bad habits like biting their nails. Some people try to start good habits instead - helping to wash the dishes every day, or helping other people more. Whatever we choose to do over Lent, we decide to make changes in our hearts that will make us better people. Talk to your family and friends: see what they're doing - and decide how you are going to make a change this Lent. (And just a heads up - we have some big announcements coming up soon, so keep your ears open in Children's Church!)

Laura

24-7 Prayer- Bringing it Back Home



To prepare for the Diocesan Year of Mission, 2015, churches in the Diocese of Down and Dromore have been invited to get involved in a year of 24-7 prayer throughout 2014. A continuous chain of churches will be involved with a scroll passed from church to church to signify the beginning of a particular church's involvement.

The period allocated to Ballyholme Parish is 16th -22nd April. This is during our Holy Week and inter-church activities and we will reflect this aim in our theme of 'Praying Together'.

What is this 24-7 prayer initiative and why the recent focus?

Now in its second decade the movement has stirred the hearts of individuals to pray without ceasing. Pete Grieg's book 'Red Moon Rising' charts the development of the movement for 24-7 prayer.

"24-7 Prayer exists to reconcile the world to God through Jesus Christ. We are changing the world by mobilising the Church in prayer, mission and justice."

But hold on a moment. Is this really a new idea? Fifteen hundred years ago, in this North Down area in Bangor Abbey, faithful monks prayed night and day. Is there really anything new under the sun?



24-7 Prayer has been described in many ways, for example, a non-stop global prayer meeting, a new monasticism for the 21st century. Put quite simply it is a movement of people who are centred on Jesus Christ, trying to live their lives wrapped around prayer, mission and justice. At the heart of this movement are hundreds of prayer rooms, in which people take a period of time, half an hour (or more) each, one after another, to form unbroken chains of prayer where they are. Twenty-four hours a day and seven days a week, ordinary people pass the prayer-baton onto friends and strangers. The baton travels, from group to group, from church to church, from city to city and from nation to nation. All over the world, night and day, this is non-stop, 24-7 prayer.

By taking up the challenge in Ballyholme we will simply be reinvigorating a tradition begun many years ago on these shores. We will be bringing it back home.

We hope you will get involved as a huge army of volunteers will be needed to assist in developing ideas, creating prayer stations, setting up, maintaining the week and finishing well. Above all we hope you will come to pray and be inspired to journey deeper in talking and listening to God.

More details will be provided in the next magazine and during our Sunday services. These details will outline how we hope not only to bring 24-7 prayer back home but also to make it our very own in the Ballyholme community. What better way to prepare for restoration in 2016!



Sandra Griffiths

Are you healthy? Are you safe?



Like every other church we are here to serve your immortal needs, however like every other organisation we do need to attend to your mortal needs as well!

In accordance with the Health and Safety at Work (NI) Order 1978 and following a requirement from the Diocesan Office our Health and Safety Committee (HSC) was established some months ago, by the Select Vestry, to review our health and safety arrangements. The HSC has been working and planning vigorously in order to ensure, so far as is reasonably possible, the health and safety of all Parish members, staff, volunteers, visitors, contractors and others who may visit the Church and its associated buildings. Our up to date Health and Safety Policy Document containing our policy statement is available from the office and will soon be added to our on-line web site. This gives full details of all we have been doing. Many actions have already been taken as a result of our ongoing risk assessments and from obligations we need to fulfil under legislation such as the Fire and Safety (NI) Regulations 2006.

Have you noticed any changes? For example, there are now more fire extinguishers about, electrical sockets have got safety plugs to prevent small fingers poking them, there is a 5 MPH limit in the car park, further fire escape notices are in place, and the emergency parking area has, along with the yellow grid already in place, a clear "no parking" sign as well.

We also need to heed our community policemen who have asked us not to park on the footpaths leaving them clear for pedestrians, prams and wheelchair users.



Letters are currently being sent out asking all groups and organisations using our premises to comply with the requirements of the Health and Safety policy and procedures in connection with fire safety. Also in the future we will be having training sessions on several topics including emergency aid, action to reduce electrical risk and advice for lone workers.

If you wish to raise anything with us the current committee members are: Leslie, Vestry Secretary, Stephen & Geoff, Glebewardens, Kelly, Parish Administrator, Ann, Sexton, Larry Cheshire and Joan Dales

Coming from 25th – 29th MARCH

to the Web Theatre, Newtownards
UPSTAGE DOWNSTAGE YOUTH
MUSICAL COMPANY's production of



Mothers' Union

&
Coffee
Morning



In the Parish Centre on
22nd March
10.00 - 12 noon

*Why not come along and browse the stalls,
and then have a cup of coffee to recover!*

Around the Parish



Communion Lunch



Friday Lunches Christmas Party



Brownies



Parish Quiz





Tea Drinking for Jesus

Denise Wilson shares some of her reflections on her changing role in Kiwoko and how she is discovering that some of the least important activities might be the most important.

Measuring the effectiveness of my/our time in Kiwoko is easy in areas that can be measured: the nursing students who pass exams; additional funding for much needed buildings and recording an increase in the number of neonates that survive due to a greater NICU and improving standards of care. However I am discovering that increasingly my joy is found in the 'un-measurable', like coming alongside people to give encouragement, to listen, to empower, to basically be available to both the 'Muzungu' community and the Ugandan community in whatever way I can.

My roles in Kiwoko include working two days a week as a clinical instructor, coordinating small groups, involvement in children's ministry and a hospitality role as the wife of the Medical Director and last but not least being a Mum. The roles that I have had in the hospital have really been a bridge to developing relationships and as the five years have progressed I would like to think that many of those relationships have and are in the process of deepening. The fact that we married in Luweero and then gave birth to Gideon in Kiwoko, has also spoken volumes about how our contented we are with living in Kiwoko.



Relationships take time to build no matter where you live and work. I now share some common history with people in Kiwoko; we have shared similar experiences, we have stood together in prayer, we have laughed and cried, said goodbye to people along the way, have seen students become staff and I have run beside them in the Kiwoko Chase – well for a while until my lungs gave way!

I am a practical type of person and often want to try to fix things for people by 'doing' something for them, but increasingly I am finding that I can do more for people by just being available when they need a cup of tea, a listening ear or a chat. These last five years have been a foundation on which to build more meaningful and Christ-centred relationships.

2014 lies ahead of us. I am excited about our visit back to Ireland mid March, for three months deputation. However, I am also excited at the thought of what God is doing in our community, a lot of new staff are working in Kiwoko following the exodus of staff who decided to leave and work with the government health institutions. One such new staff member is our Chaplain – Rev Stephen Semaganda, full of enthusiasm and ready to serve. He has been a breath of fresh air into ward ministry since his arrival two weeks ago. As you can imagine I have worked my way through many pots of tea. Happily my husband organises importation of Tetley tea-bags which is still the only real tea worth drinking!



Denise Wilson

A warm welcome was extended to **Jade**, our youth worker, at the January meeting. Jade had us all buzzing from the word go. Sheets of paper were handed out and we were asked to draw a road on the paper whatever way we desired. Jade, then asked us to write 4 things, anywhere on the road, which, on looking back over our lives, were considered important and meaningful to us. We were also asked to share these thoughts with the person sitting next to us. The chatter was remarkable. Jade gave us a short time to fulfil this experiment. A discussion followed, and some members disclosed what they had written down and why it was important to them. Jade then spoke about herself, her education, how she deals with difficult and various situations, the young people and much more. One member, who was sitting in the back row, spoke to me afterwards and said that she had observed throughout the evening, how Jade held everyone's attention, with many heads nodding in agreement quite a bit. Many of our members had had no real connection with Jade beforehand, and agreed that it had been a very enjoyable evening, and how fortunate we were in Ballyholme, to have had over the years, and continue to have such dedicated youth workers as Jade and Laura. Well done Jade

Our next meeting is on **Monday 3rd March at 8pm**. Our speaker on this occasion will be **Councillor Dr. John Barry NDBC**. His topic is "**An Ageing Society and our Obligations to future Generations**". If this subject appeals to you, please accept this invitation to come along. On **Monday 7th April** we are holding "**An Informal Evening for Ladies**" to which **all ladies of the parish are invited**. We hope there will be something to appeal to everyone. Watch out for the posters.

Please **don't forget about** our **Annual Sale on Saturday 22nd March**. Please start your Spring clearing now and those things like unwanted gifts, bric a brac, cakes, books, in fact, anything you no longer use may be someone else's treasure. In other words "Anything you don't want we will be glad to take off your hands." All money raised at the sale goes to the work of Mothers' Union Overseas. Please come for your coffee even if you don't need to buy anything. Items to be donated can be collected from **10th March**. We appreciate the support which parishioners have given to us over the years and we hope you will continue to do so. Thank you all in anticipation.

Ruth Ruttle (Branch Leader)



WOMEN'S WORLD DAY OF PRAYER:

PLEASE NOTE CORRECT TIME: 7.30 PM IN OUR OWN CHURCH. Speaker: Walter Hope of "Turn on the tap" (Samaritan's Purse)

The Wednesday Club



We had almost a full turn out of our members in February to hear Helen McCann tell us how she started collecting ladies' compacts. She had brought with her several of her collection, which she was happy to pass around our ladies, so they could examine them in detail. Most of the compacts had their own stories, which we were very interested to hear. After her talk, she was able to talk to anyone and listen to their stories of compacts in their lives.

After a lovely afternoon tea of pancakes and traybakes, the draw was won by Doreen Proctor.

We were very pleased to welcome Audrey who joined us for the first time this month.

Sue

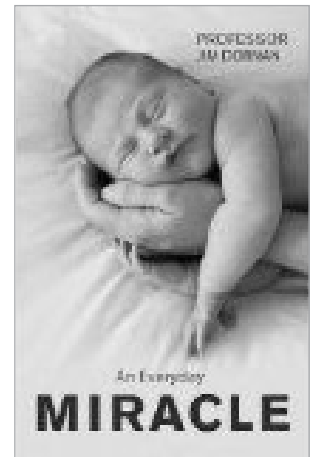


During Lent, the shopping trolley will be in the church every Sunday for your donations of food, cooking oil, cereal, loo roll, shampoo, tinned/dried potatoes, tomato sauce, long life milk etc, for the North Down Storehouse but all donations are much appreciated.

An Everyday Miracle by Professor Jim Dornan



I thought this book would be of interest to the people of Ballyholme Parish as it has a strong Bangor connection. Many will know the author, Prof Jim Dornan, who lived for many years in Kensington Park. His father, an accountant at that time, and indeed for thirty years, was the General manager of the Cripples' Institute (now the Northern Ireland Institute for the Disabled) on Downshire Road. Jim attended Bangor Grammar School and Queen's University, where he studied Medicine. Jim Dornan has had over forty years of experience in the fields of Obstetrics and Gynaecology during which time he has delivered more than six thousand babies. He was Director of Foetal Medicine at the Royal Maternity Hospital for twenty years and is a former Senior Vice-President of the Royal College of Obstetricians and Gynaecologists. In 1988 he helped set up, and is now President of, Tiny Life, the Northern Ireland charity which strives to address the awful loss of babies who are born prematurely. Some of the royalties of this book will go to that cause.



An Everyday Miracle is about women whose stories remind us that no matter how commonplace, the birth of a baby is extraordinary and an everyday miracle. The real-life stories from the delivery suite are moving, told with warmth and humour. They tell of the immense joy, and sometimes heartbreak and loss, that women experience during pregnancy and childbirth.

As I read the book I was struck by the changes and advances in medical care during the period of which he writes. When I first met Jim in the early seventies, he was working as a houseman in the Royal Maternity Hospital. That also happened to be where my own babies were delivered in the seventies and eighties. "The Troubles" were at their height and the Falls Road and Grosvenor Road were not felt to be safe areas especially at night. The book refers to the problems women would have had being admitted to the Maternity Unit, bearing in mind that many did not have landlines in their homes and this was long before the advent of mobiles. Few had their own means of transport and in any case road blocks and bomb scares were frequent occurrences.

How times have changed! In Obstetrics nowadays it is possible to discover the sex of an unborn baby, scans have become much more sophisticated and the progress of the foetus in the womb can be monitored closely through pregnancy and labour. Problems in pregnancy can be diagnosed and dealt with at an early stage. But in spite of all the advances and changes that he has been part of, Prof Dornan finishes thus: "The true wonder of birth is ever-present and unceasing and hopefully future obstetricians and midwives will always possess enough flair, craft and art to be equal to it." *Published by Blackstaff and available on line for £6.99.*

Pat Adair



The Wedding of the Year?

Denise is the first serving cleric of the cathedral to be married in Saint Anne's.

The wedding took place in the Chapel of Unity on Saturday 18th January, the service was conducted by The Very Rev John Mann and the address was by The Rt Rev Alan Abernethy. The Best Man and Matron of Honour were Stephen & Karen Baker.

Terry and Denise honeymooned in the Caribbean.

What's on your iPod?

Colin McWilliams

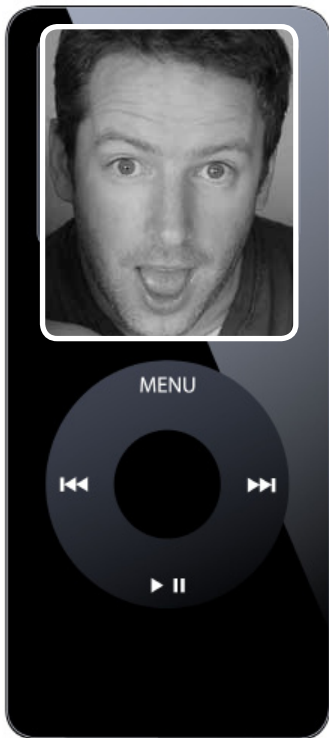
Hi, I'm Colin McWilliams and I've been coming to Ballyholme for I guess 7 or 8 years now. Born and bred in Bangor (I was one of the lucky few to be born in Bangor Hospital), I attended the Grammar before venturing out into the big world. I am married to Kerry and we live in Bangor with our two small humans Oliver (6 years old) and Sophie (4 years old). I am mumble-mumble years old.

I originally trained as an auto technician, but now work for BT as a Senior Bid Manager. I tend to get involved in all sorts of co-curricular activities, having been a London 2012 Games Maker and last year taking up a similar role as a volunteer at the World Police & Fire Games in Belfast. I am also a regular part of the events team for the annual BT Young Scientist & Technology Exhibition in Dublin. I am in the final year of taking a BA Hons degree at the Queens Management School which keeps me busy a few nights a week and then some.

In those rare spare-time moments, I tinker with cars and abuse guitars, occasionally to be found making strange noises with something stringy at the front of the church on a Sunday morning.

My top ten changes a lot, but the following covers most of my most frequent moods:

- | | | |
|----|--|------------------------|
| 1 | John The Revelator | Phil Keaggy |
| 2 | Soldiers Under Command | Stryper |
| 3 | Repentance | Dream Theater |
| 4 | The Second Loudest Guitar in the World | Paul Gilbert |
| 5 | The Audience is Listening | Steve Vai |
| 6 | Tied Up | Yello |
| 7 | Bob | 'Weird Al' Yankovic |
| 8 | Denomination Blues | Ry Cooder |
| 9 | Still in Love | Justin Currie |
| 10 | God Rest Ye Merry Gentlemen | Phil Keaggy & Kim Hill |



Restoration – A Biblical Journey

Restoration is on all our minds in Ballyholme at the moment.

Our “more than a building” project sees us planning for a restoration of our much-loved Church building in 2016 with “universal access” as our over-arching aim. But the task ahead of us is primarily a spiritual one.

Restoration is a thread running all the way

through the Old and New Testaments and universal access to God through Christ is at the very heart of the Gospel. Please join us this Lent as we reflect together on God's plan to restore all of us, and ultimately Creation itself, to Himself.

- | | |
|--------|--------------------|
| Week 1 | Body & Soul |
| Week 2 | Relationships |
| Week 3 | Purpose & Priority |
| Week 4 | Worship |

Dates

- | | | | |
|----------------|---------------------|---------------|-----------------|
| Shrove Tuesday | 4 March at 10.30am | Ash Wednesday | 5 March at 8pm |
| Tuesday | 11 March at 10.30am | Wednesday | 12 March at 8pm |
| Tuesday | 18 March at 10.30am | Wednesday | 19 March at 8pm |
| Tuesday | 25 March at 10.30am | Wednesday | 26 March at 8pm |

YOUTH-news

youth [youth] (youths)

news [nooz]

“Self-Esteem”

Over the course of my years working with young people, there is one commonly shared experience amongst the vast majority of them: struggling with confidence, identity and self-esteem. Such negative views of ourselves are so often how we think, but are NOT what God wants us to believe. These negative perspectives are not what God has to say about us.



In our Tuesday drop-in after school, we decided to tackle this issue of low self-esteem head on. Through a series of engaging activities, we thought about what we are good at, what positive qualities we possess, what contribution we make to the world and how to find constructive outlets for the times that we feel stressed or down. Throughout the workshop, I was struck by the fact that when somebody struggled to think of anything positive to say for themselves, other people showered them with compliments and suggestions. The atmosphere was one of encouragement and friendship. School life and the world generally for young people can so often be one of ego, popularity, gossip and hurtfulness, and so needless to say I was brimming with pride at the attitude of the drop-in crew. We have wonderful young people in Ballyholme!

If you are reading this, and you are a young person, take heart. You are precious, you have been wonderfully made and God is interested in every aspect of your life (Psalm 139). You make a unique and positive contribution to this world. You matter. Let God replace the negative thoughts with loving truth, that you might see yourself as He sees you. Be a shining light in school, and in your youth groups, by telling other people that they matter too.

Top Tips for overcoming stress and sadness:

1. Journal - write or draw how you are feeling. When we can put it on a page, it helps our minds feel calmer and more manageable.
2. Go for a walk - a change of atmosphere (especially outdoors) can help take our minds off the negativity.
3. Talk to someone - sharing how we feel with somebody we trust (e.g. a parent or youth worker) is a positive step in the right direction of dealing with our struggles, and they might even have some good advice!
4. Do something you enjoy - e.g. watch your favourite film whilst eating a favourite sweet. Just as doing something positive for a friend would make them feel better, doing something positive for yourself can help too!
5. Do gentle exercise - a little jog, cycle or swim for example, releases positive endorphins to help your mind and body feel better.



Who are you?

This is a question I was challenged with at a retreat a few weeks ago - "Who are you?" We were paired off and given two minutes each to give an answer to our partners - and quickly discovered that the question is not as simple as it appears.

When we introduce ourselves to someone, we give them our name. Names have been immensely important from the beginning of time - there are hundreds of examples of prophetic names in the Bible; names given by God with wonderful meaning behind them. And still today, our names are chosen and bestowed by our parents with care and hope, and we use them to immediately identify ourselves.

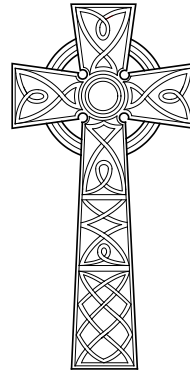
Our given name is not the only epithet we use. We name and define ourselves by the things that we do - I am a teacher, an administrator, a golfer. We introduce ourselves by our relationships - son, daughter, husband, wife, brother, sister. This is our first and natural response - but the problem with this is that all of these things change. Our jobs change, our hobbies change and even our relationships will evolve over time. These identities are not always permanent, and change can leave us in a crisis over who we are.

And then there are the other names; the ones that we don't use in polite conversation, names that can run far deeper than we realise. These are the names we give ourselves from secret shames of the past, from the habits we struggle with or the hurts we've held. They can be names spoken to us by others in a moment of temper or malice, but have lodged themselves inside our hearts. And yet as deep as these may run, none of them are who we truly are.

Answering the question "Who are you?" at that retreat was something I found very difficult, and I suspect I wasn't and am not the only one to find it so. I struggled through all of the names above for those two minutes, before I finally got to the plain and simple truth.

Our identity lies in our God who calls us holy, blameless and pure. Our identity is that we are in Him, and He in us. He has given us our own names, our own identities. Precious. Beloved. My child. And because He is unchanging, our name as His beloved is one which can never be taken from us. Know this as you spend time in the quiet with Him: You are His beloved child, with whom He is well pleased. This is who you are, who you have been, and who you will always be, for God's love for you is unchanging and endless.

Romans 8:38-39: "For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Jesus Christ our Lord."



Laura Jeffrey

Preparation:

**Tuesday 10 March
7.30pm**

Most years in Ballyholme a few adults come forward who for whatever reason have never previously been Confirmed (or Baptized and Confirmed). Perhaps they have come from another Church tradition, maybe it was something they just never got round to.

As he does each year the Rector will offer a course of preparation through Lent and classes begin on Monday 10 March. Please come to the Rectory (3 Ward Avenue) for 7.30pm - even if it's only to get a flavour of what might be involved.

Speak to the Rector for more information beforehand if you'd like to (91274901).



Were you there?

Alison Coulter and Margaret Hagan have provided a number of photos from the 1980's and 1990's of Tiddliwinks - the parish playgroup, and the Brownies and Guides. We show two from Tiddliwinks on the front cover and over the next few months, space permitting, will include more. Are you in the photos? DT

OUR WORSHIP

Sunday 2nd March 1st Sunday before Lent

8.30 Holy Communion
 10.00 All Age Service
 11.30 Morning Prayer
 6.30 Taize

Wednesday 5th March Ash Wednesday

10.30 Holy Communion - Kajiado Room

Sunday 9th March 1st Sunday in Lent

8.30 Holy Communion
 10.00 Morning Worship & Children's Church
 11.30 Parish Communion
 6.30 6-8 in Columbanus Room

Wednesday 12th March

10.30 Holy Communion - Kajiado Room

Sunday 16th March 2nd Sunday in Lent

8.30 Holy Communion
 10.00 Morning Worship & Children's Church
 11.30 Morning Prayer
 6.30 Holy Communion

Wednesday 19th March

10.30 Holy Communion - Kajiado Room

Sunday 23rd March 3rd Sunday in Lent

8.30 Holy Communion
 10.00 Holy Communion
 11.30 Morning Prayer
 6.30 Evening Prayer

Wednesday 26th March

10.30 Holy Communion - Kajiado Room

Sunday 30th March 4th Sunday in Lent

Mothering Sunday

8.30 Holy Communion
 10.00 Healing & Wholeness
 11.30 Healing & Wholeness
 6.30 Compline



LENT



March

2nd: Ruth Ruttle
9th: Sue Bleakley
16th: Sybil Robinson
23rd: Vicky Hayes
30th: Karen Baker

BAPTISM

9th February – ERIN KATE COEY, daughter of Garth & Tracey Coey.



2nd: No crèche
9th: Heather Glasgow, Ruth Toy, Catherine Menary, Caroline Connolly
16th: Katherine Newman, Diane Dornan, Pamela Reading
 Betty Singleton
23rd: Violet Davidson, Catherine Darragh, Christine Boyd, Catherine Thompson
30th: No crèche



March

2nd: Fiona Jackson, Heather Johnston, Maureen Aiken
9th: Daphne Moore, Jill Owens, Barbara Wallace
16th: Ann McMurray, Pauline Baird
23rd: Jim & Liz Murdock, Charlie Robinson
30th: Michael & Sharon Hatch, Sandra Hill



Children's Church Helpers March

9th: Trish McGrugan, Rhonda Magennis & Margaret Moorhead
16th: Fiona Oliva, Kathryn Taylor & Nikki Gullen
23rd: Sarah Tweedie, Gillian & Geoff Young
30th: Gareth and Janet Boal & Sarah Benton



Lost Saucepan

If you borrowed our large pot from the kitchen during the December period, please could you return it as soon as possible.

We are desperate to get it back as we need it!
 Thank you

Parish Office:

91274912

Rectory:

91274901

Curatage:

91271922

Prayer Line:

07531806167

Transport:

07599794968

Church Readers Rota:

John 91467243

or Freda 91467624

