

St Columbanus

Ballyholme



Our Harry at the Games
Church Renovation update
What's cooking in Kiwoko?
Parish Picnic Photos

..On the way *together*..



The Parishioner

September 2014

The Church is open every weekday morning for private prayer and meditation

September feels like a good time to thank the faithful band of journalists, photographers, editors, occasional contributors and deliverers without whom this simply wouldn't happen. By 'this', I mean of course the parish magazine. A huge amount of imagination and effort goes into every edition, and with the next deadline only ever one month away it's a task which never really ends. For all concerned it's a labour of love, but it's more than that as well. For some, reading *The Parishioner* is your only real point of contact with parish life. If that's because you can't physically get to Church, hopefully we're aware of that and we are getting to you. But maybe it's because God and Church and worship have slipped from your priorities a little. If that's the case, then please accept this magazine and these few words as our personal invitation for you to join us once again for the prayer and praise that God longs to receive from all his children. Why not make 14 September your 'back to Church Sunday'? Ultimately, that's the goal of every *Parishioner* issue: to remind us that Sunday by Sunday (or Wednesday by Wednesday), God is waiting. Arms outstretched.



It's that time of year again! **SMARTIE TUBE TIME**

Collect your tube
at church on 7 & 14 September

Enjoy the Smarties!
Fill the tube with 20ps
or any suitable coins*
Bring back the filled tube
on 19th October
To any Harvest Service

* All the money goes towards the
support of our Mission Work

Wednesday 3rd September
and every Wednesday thereafter

Holy Communion &
Prayers for the Sick
The Kajiado Room 10.30am
Followed by tea/coffee

Everyone welcome
especially those who
maybe can't make it
to church on Sunday!



Things I love - Jade Irwin

I love coffee – the good kind and the stronger the better, with no milk (it ruins the taste). I imagine strong, black coffee is a sleep-deprived, youth worker thing!

I love being outside when the sun is shining. It helps that I got two picnic sets and blankets a few birthdays ago - I can get lost in long grass with delicious sandwiches and the sun dripping on me as stress evaporates away.

I love people. My time is most favourably spent spending a couple of hours sinking into a sofa in a comfy coffee shop listening to the stories of other people.

I love Mexican burritos. After helping the Brownies out with a workshop, I leaped with excitement to be given a Boojum dinner voucher - they knew me well!

I love travelling. God thought up this beautiful world creatively and I hope to see as much of it as possible in my lifetime.

I love learning, and think it is crucially important never to stop learning. I will never know everything or be truly expert on anything, and so I love to learn facts, figures, stories and new

perspectives as much as possible.

I love working in Ballyholme - not only because of the beaches and expert scones... The young people aren't half bad either!!



INDOOR BOWLING CLUB DINNER & PRIZE-GIVING

The Rambling Rose Restaurant was once again the venue for the club's annual end of season dinner and prize-giving. Club Chairperson Roberta Munnis welcomed an excellent turnout to show their support for the prize-winners and to have a very enjoyable evening with their fellow bowlers.

After the usual excellent four course dinner, Club Secretary Derek Coates (acting as MC and club comedian!) assisted by the Rector's wife Heidi, presented the seven perpetual trophies covering the five competitions played for throughout the season.

It has always amazed Derek how the pressure can get to some of the top players when it comes to the competitions!

The ladies singles was once again won by the so-experienced Margaret McMeekin beating Roberta Munnis, who is probably one of the top three players in the club.

The men's singles not surprisingly went once again to undeniably the best player in the club – Martin Bleakley. Runner up Harry Browne who won in 2011/12 did have his moments but Martin came out a comfortable winner. Anyone who gets partnered with Martin Bleakley in the Pairs Cup has always an excellent chance of taking the silverware. Billy Officer got the long straw this year and supported Martin well and was a very happy man on receiving his trophy. The Rinks winner for best scores collected throughout club nights went to the ever competitive May Henry (137) who finished ahead of Martin Bleakley (120) and Margaret McMeekin (119).

The Walsh Cup handicap singles final was played between Martin Bleakley and Derek Coates - Martin only giving Derek 1 shot. Martin immediately showed his quality by winning the first end and putting Derek under pressure. But Derek probably played some of his best ever bowling to lead Martin for a good part of the match to end up four shots ahead with one end remaining. Derek relaxed and Martin played superbly to get a full house in the final end to take the match to a tie-break! Martin finished the tie break holding two shots within six inches of the jack. Derek, to break the tension, said as he looked at his final bowl "do you feel lucky". The bowl was delivered and finished lying on the jack! What a result! On receiving his trophy (presented by his wife Eileen) Derek was quite emotional, as first he beat the best player in the club, and more importantly to himself and the family, he had won the Walsh Cup presented in

memory of his late father-in-law.

The Rector finished the evening off by thanking the bowling club for another season of great friendly competition, especially with the inter-club matches. He also thanked Norman Munnis for once again organizing a very enjoyable evening.



PRIZEWINNERS - SEASON 2013/14

LADIES SINGLES

Winner: BERRY CUP Margaret McMeekin
Runner Up: CONN CUP Roberta Munnis

MENS SINGLES

Winner: NIXON CUP Martin Bleakley
Runner Up: WILSON CUP Harry Browne

HANDICAP SINGLES

Winner: WALSH CUP Derek Coates

PAIRS

Winners: PAIRS CUP Martin Bleakley & Billy Officer

RINKS

Winner: TRENIER CUP May Henry

NOTE:

The club's **Annual General Meeting will be held on Wednesday 10th September 2014 in the church hall starting at 7.30.** All members are asked to support it.

The opening night of the new season will commence immediately after the AGM and the club invites anyone interested in trying their hand at bowls to come along. Bowls are available from the club.

For further information please contact club secretary Derek Coates on 02891455471

The Meeting Point Lucy Caldwell



I liked this book. When I got over the awkwardness of misnamed locations and as the story unfolded I found the subject intriguing - though not unusual. Missionaries have sought to bring Christianity, or other religions for that matter, to those whom they think would benefit from 'enlightenment.' Though it has to be said that the results haven't always been to the glory of whichever God or gods they venerated. So back to the book. Euan was at first a cosy, attractive character with a fawning girlfriend subsequently his wife, growing up and living in rural County Down in places we all recognize. Caldwell's descriptions would grace any tourist guide. So it was against this Christian background of Ministry that the startling revelation that their seemingly ordinary mission to Bahrain became suddenly to have another purpose. Euan too, took on another persona and Ruth turned out to be a naïve young woman with aspirations to travel and experience a world outside the humdrum farm where she lived.

How could Euan put his family at risk? Though Bahrain exercises a tolerance to religious practice other than Islam and has 10 per cent of its population Christian, that wasn't the danger. The danger was the incursion into Saudi where there is zero tolerance. Saudi Arabia is an Islamic theocracy without protections on the rights of minorities to practise freedom of religion. Non propagation is banned, and conversion from Islam to another religion is punishable by death as apostasy.

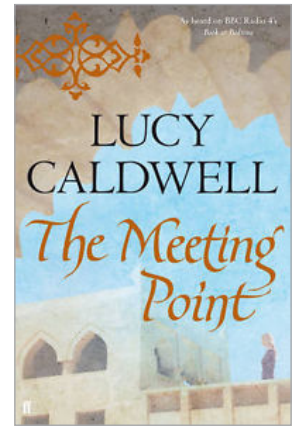
During Euan's frequent absences Ruth was confined to a compound of disappointing conditions, lonely and easily persuaded into a clandestine relationship with the Muslim Farid. She was a Christian with a problem – not unusual I would hasten to say. You could criticise her for leaving her child with the very interesting Noor, she of mixed parentage and top schooling – but ask yourself – do not many families today use child minders who are initially strangers?

And that risky relationship with a Muslim wouldn't be the first of its kind. Through it we learned something about Bahrain and particularly fascinatingly about the Tree of Life, which Ruth had researched and thought could be the Garden of Eden. Pity about its sorry state, but then we only have to walk along Queen's Parade during the last 20 years to witness another tourist attraction in a shameful sorry state!

I was glad that Caldwell didn't delve into the depths of Christianity and Islam otherwise this story would have been too long for me and feel like a university text book. The biblical quotes I found acceptable because that's what Ministers and indeed their congregations do – quote from the Bible, and they gave the story an authentic feel. If this is what it takes to give this impression then for me they are acceptable.

Ruth said she had lost her faith. But if you look at the very last paragraph of the book – “she tries to form her mind into a prayer. An unbeliever, she tells herself, struggling to wrap her mind around the words..... Did she regain her faith?”

Betty Armstrong



Alpha “Males”

Starting in September 2014 we are running an Alpha Course for men. The Alpha Course is a 10 week practical introduction to the Christian faith, examining questions such as “Who was or is Jesus?” “Why does God allow suffering?” and “How can I be sure this is true?” It is ideal for those who want to find out more about the Christian faith.

Our Alpha Course begins at **7:45 pm on Wednesday 17 September.**

Alpha The Alpha Course runs on ten Wednesday evenings from 7:45 to 9:30, and on one Saturday. Each session includes a video presentation and then a chance for participants to discuss the talk and ask difficult questions of their own. One of the principles of Alpha is that everyone can ask their questions and everyone can have their say. Many people have found Alpha answers their questions and proves a turning point for them.

If you are interested contact Alistair or Kelly at the Church Office.

All round views for the Walkers



The City of Belfast, Scotland, the Mourne, the Sallagh Braes, Slemish, Croob – all were clearly visible from Black Mountain and Divis where we enjoyed the 7 mile walk in beautiful weather last Saturday.

By joining three of the National Trust trails together - the Ridge Trail, which crosses the Colin River and brings you the most spectacular views of Belfast, and the Summit Trail which takes you to the top of Divis Mountain, and the Lough Trail we took in more than half of the mountain which is in fact a working farm.

The tracks are mostly well marked, and vary from short road sections through gravel and stone paths as well as boardwalks. It's a barren mountain, but the views more than make up for the desolation. And it's enjoyed now by dozens of walkers, runners and cyclists.

The Walkers on the Trassey Track

Nicely sandwiched between some inclement weather, the August walk was blessed with beautiful sunshine for the fourteen walkers. It was good to have Janey back and to welcome Hill Wilson for his first outing with us.

The six mile track took the group from Meelmore Lodge along the Trassey Road west to the Foffany Dam and through the forest onto the lower slopes of Slieve Meelmore. While most of the walkers followed this route, Robbie and Steven 'bagged' three mountains – Meelmore, Meelbeg and Bearnagh – just like that! Contouring Meelmore on what is now part of the Ulster Way between the steep cliffs of Spellack and the gradual slopes of Slievenagloagh, the others arrived back at the Trassey Track meeting the two mountaineers on the way.

The September 6th outing is from Helens' Bay to Whitespots – by train to the start and home by bus.

Meet at 8.45 at the train station to catch the 8.47. BA



Yesterday

Yesterday, a country walk
Today, a packed tube train
Yesterday, a vicar's talk
Today, phone rings again.
It rings and rings incessantly
You scarce have time to think
Of the extreme discrepancy
Twixt Sunday and the week!

Yesterday, a dinner roast
Today, a sandwich bar
And breakfast was a piece of toast
That you ate in the car!
Yesterday, a lovely eve
Spent in the pub with friends
Today you just roll up your sleeves
And wish the week would end!

By Nigel Beeton

What they say

When my older brother was very young, he always walked up to the church altar with my mother when she took Holy Communion. On every occasion, he tugged at her arm and asked, "What does the priest say when he gives you the bread?" Mum would always lean over and whisper something in his ear. Imagine his shock many years later when he learned that the priest doesn't say, "Be quiet until you get to your seat."

Italian pasta diet that really works

You walka pasta da bakery
You walka pasta da sweet shop
You walka pasta da ice cream shop
You walk pasta da table and fridge
You gonna lose weight!



It is very hard to believe that we shall soon be into the 9th month of 2014. How time flies by! On the 21st September we shall be having our Annual Service in Church at 6.30pm. This Service is open to everyone and we would appreciate the support of our parishioners on this occasion. The Service is followed by a welcome cup of tea or coffee and of course the eats in the Kajiado Room. Would those members who wish to take a day trip by train to Dublin for shopping and to meet up for lunch with members of our Malahide link Branch, please let Ruth know if you wish to come. This is to take place on Saturday 4th October.

On Monday 6th October our Speaker will be from "Cancer Focus NI Well Aware". This topic may be of interest to some of our parishioners and we do encourage you to come along to what is a very important but delicate subject. Once again we would ask those of you who wish to attend to let me know beforehand for catering purposes.

Ruth Ruttie Branch Leader Tel: 91450130



This year the Bishop's Bible Week is moving from the last week in August to the first week in September so please make a note in your diary!

When: Monday 1 – Thursday 4 September
Venue: Willowfield Church
Theme: 'A Dangerous Faith.'

This year Bishop Harold has invited a new generation of Bible teachers to be the speakers at the Bishop's Bible Week. The theme is 'A Dangerous Faith' and we will explore the biblical context, impact and dangerous meaning of the great commandments according to the Gospel of Mark. We look forward to welcoming Revd Simon Genoe, Jasper Rutherford, Revd Craig Cooney and our own Andrew Brannigan.

Here are the topics for each evening:

Monday 1 September	The Lord our God, the Lord is one.
Tuesday 2 September	Loving God with everything
Wednesday 3 September	Loving others as we love ourselves.
Thursday 4 September	How far are we from the Kingdom?
Venue Address	Willowfield Church, 149 My Lady's Rd, Belfast, BT6 8FE

Ballyholme Golf Society



When: Friday 5th September

Where: Donaghadee Golf Club

Meet at **10.00am** for bacon butties in the club house, before the golf begins. Followed by a meal.

Interested? Please ring Harry Browne 07790520916 for more details.

Help wanted with a flag collection for Mission to Seafarers on **Wednesday 10th and/or Saturday 13th September** in Bangor.

If you are able to help with this, please contact Doreen on 02890751131 or email doreen@missiontoseafarers-ni.org as soon as possible for more details.



Around the Parish



Outgoing Sunday School Leaders

Sunday School Prize Giving



Parish Picnic



Restoration Project 2016 “Universal Access”

Update Autumn 2014

Later this month the Architect Appointment Sub-committee (Ivan Humphreys, James Perry, Christine Rankin, Ian Foster, Stephen Baker, Geoff Hewitt) will meet to consider the proposals and fees submitted by the four short-listed tendering firms of architects. Following a presentation by the architects to the Sub-committee a recommendation will be made to the Select Vestry. After the church consultation in 2009, involving 160 parishioners, a design brief was developed over a couple of years by the Restoration Committee (Geoff Hewitt, Stephen Baird, Ian Bell, Margaret Magee, Patricia Robinson, Ann Browne, Richard Gillan, Jonnie Stockton, Christine Rankin, Alistair Morrison, Simon Doogan). Much work went into the design requirements and brief (see summary below), and a feasibility study, prepared by MW McCullough Architect, confirmed that the design brief could be achieved by linking the existing church and the Parish Centre. Once an architect has been appointed we will work along with the professional team to consider how our design brief can be realised. It is hoped that a scheme design can be prepared by Christmas 2014, and a presentation made to the church early in the New Year. During the remainder of 2015 the professional team will work on the finer details of the project and acquire a building contractor before work commences on site in January 2016.

We would encourage everyone in the parish to view the full design brief given to the tendering contractors on the Parish Website, a brief summary of which is provided below.

DESIGN REQUIREMENTS

Church Building

- Conservation Restoration Works.
- Upgrading of the building fabric.
- Relocation of the organ.
- Replacement of the M&E Services Installation.
- New Vestry Room.
- New additional entrance from new welcome area.
- New audio visual system.



Parish Centre

- Larger Kitchen incorporating existing Youth Room.
- Lock up storage space in kitchen.
- Cold storage facility.
- Direct link from the kitchen to the main hall.
- Creation of additional storage space to the main hall.
- Creation of an access route from the entrance lobby, between the kitchen and Kajiado Room, to the new church welcome area.
- Lighting to upper carpark.
- Additional disabled carparking spaces.



Restoration Project 2016 “Universal Access” - continued

New Welcome Area / Meeting Space

- Creation of a new entrance to the buildings.
- New entrance into the Church from new welcome area.
- Provision of a permanent coffee bar.
- Passenger Lift to the Parish Centre level.
- Provision of a new Youth Suite.
- Provision of designated Children’s space/crèche, with access to the Church.

Phasing

- Details of phasing / access to be addressed.
- Relocation of the existing NIE kiosk.
- Access required to the Parish Centre at all times, including the office, toilets, main hall and Kajiado Room.
- Church Services to be held in the Church Hall while the Church is being refurbished.
- Works involving the Kitchen carried out during the summer months, when there is a reduced requirement for catering.

RESTORATION SUB-COMMITTEE DESIGN BRIEF

The following areas have also been considered (for a copy of the full Design Brief see Parish Website):

1. Audio
2. Visuals: Sight Lines
3. Visual Aids/Props/Screen
4. Baptism Services
5. Holy Communion Services
6. Children
7. Small Group Worship
8. Music
9. Sitting/Kneeling
10. St Columbanus Educational Display
11. Welcome Area/Meeting Space/Hospitality
12. Toilets/Cloakroom/Wheelchairs/Pushchairs/Walking Rollators
13. Entry/Exit/Security
14. Clergy Vestry
15. Storage/Cleaning Equipment

My son and his family were recently at a wedding in England. After the traditional reading from 1 Corinthians 13, there followed this rather unusual reading which also made quite an impression on the congregation.

“I don’t believe in marriage. No, I really don’t. Let me be clear about that. I think at worst it’s a hostile political act, a way for small-minded men to keep women in the house and out of the way, wrapped up in the guise of tradition and conservative religious nonsense. At best, it’s a happy delusion - these two people who truly love each other and have no idea how truly miserable they’re about to make each other. But, but, when two people know that, and they decide with eyes wide open to face each other and get married anyway, then I don’t think it’s conservative or delusional. I think it’s radical and courageous and very romantic.”

To Diego and Frida

Tina Modotti’s toast from the film ‘Frida’





Who would have guessed? Certainly not the small planning committee for 2014's programme. A single knitting lesson was included in the programme, now here we are a month down the line – knitting every week! On Friday afternoons we (the Mothers' Union) meet on Ritah's (MU President) veranda. I hadn't expected to be involved directly with the knitting classes, but Dr Corrie was unable to get away from Maternity and so I became the substitute knitting lecturer for a few weeks! The class has continued to grow on a weekly basis and the ladies are as keen as mustard to conquer this new skill and to start making sweaters.

The class has now been running for over a month and still new faces appear on Friday afternoons. We have split the class into two – nursery and advanced level! There is much banter, joy and congratulations when someone gets moved up to the advanced level. Ritah has also been amazed at the popularity of the topic. The planned programme seems to have



been suspended as the ladies just want to knit each week! Some of the ladies who started only a month ago are now helping to teach the new students – fantastic. Sadly a few of the ladies struggle with eyesight problems and therefore it is quite a chore but they are determined and faithfully attend, squinting at the needles and the stitches they have painstakingly cast on. There is no Specsavers here to immediately ease the problem, however perhaps the next visit from the mobile eye clinic from Mengo Hospital might be able to help at some stage in the future.

Rory very kindly packed ALL the donated knitting needles for our return and they are being given out to these ladies free of charge, much to their delight. Thank you again to all who donated knitting needles they have been so much appreciated and valued. We initially bought some wool for the ladies to use but now we are encouraging them to take ownership of their knitting and buy their own wool. Amazingly it is available here in Kiwoko at 50 pence a ball. Not bad eh?

It seems that with such a captive audience once people are more confident of the skill and needing less input, we should be carrying out some talks on health, spiritual matters etc, while the sweaters are being produced.

Thanks again to everyone who helped to make this a possibility!

Denise

A photo of Ritah Byansi the Mothers' Union President with our new cooking pot. This was bought with money donated by two parishioners from St Columbanus. This pot was more expensive than the money that was donated but all the MU ladies added from their own pockets to purchase it.

They plan to rent it out to people who are holding functions such as weddings and funerals and so use it as an income generating project. In time they will try and buy more pots and items to be rented out too.





Just Older Youth

They lie on the table side by side
The Holy Bible and the T.V. Guide.

One is well worn and cherished with pride.
Not the Bible, but the T.V. Guide.

One is used daily to help folks decide.
No, not the Bible, but the T.V. Guide.

As the pages are turned, what shall they
see.
Oh, what does it matter, turn on the T.V.

So they open the book in which they confide.
No, not the Bible, but the T.V. Guide.

The Word of God is seldom read.
Maybe a verse before they fall into bed.

Exhausted and sleepy and tired as can be.
Not from reading the Bible, from watching
T.V.

So then back to the table side by side,
Lie the Holy Bible and the T.V. Guide.

No time for prayer, no time for the Word,
The plan of Salvation is seldom heard.

But forgiveness of sin, so full and free,
Is found in the Bible, not on T.V.

We were truly blessed with some fantastic
weather during our summer break and feel
refreshed and excited at the start of our new
church year.

We look forward to seeing familiar faces
return, but also wish to encourage those of
you who haven't joined us before to come
along and enjoy the fellowship and fun.
Don't forget if transport is a problem lifts
can be arranged by telephoning the office.

Starting dates are as follows, so put them in
your diaries or on your calendar.

3 rd September	2.00pm	Wednesday Club
15 th September	9.30am – 12 noon	Monday coffee
19 th September	12.30pm	Friday lunch
23 rd September	2.00pm	Tuesday cinema Club

Karen



'STAYING SAFE NIGHT' THURSDAY 11 SEPTEMBER 7.30-9PM PARISH CENTRE

A practical information evening for the start
of the new Church year

Did you know that 'slips and trips and falls'
are the single biggest cause of personal accidents?

Do you know where our Assembly Points are should
we need to evacuate the Church or Parish Centre?

What if somebody in Church or the Parish Centre required First Aid?

Have you ever thought about children in the car park on dark wet nights?

Our September 'Staying Safe Night' aims to give an overview on these and other matters.

If you are involved in any way with leading or running our organizations, groups or clubs,
or if you help with our lifts team, visits team or in the kitchen, please come along for this
important parish information evening.

The staff team will be there and look forward to seeing you!



Harry “tri-s” his best at the Commonwealth Games

It was certainly a summer to remember for the proud Speers family as 19-year-old Harry competed in the 20th Commonwealth Games in Glasgow.

Speaking afterwards, Harry was almost lost for words to describe his time at the Games. “It was an unbelievable experience, there were so many different people and things to see”. Harry was selected for the Northern Ireland team to compete in the Triathlon, a gruelling discipline that involves swimming for 1,500 metres, cycling for 40k followed by a 10k run. The triathlon was held on the very first day of the Games and, although he was the youngest competitor by a few years, Harry finished a very creditable 27th. But behind his appearance at the Commonwealth Games lies years of dedication, early morning starts and a commitment that has never wavered. He began swimming at the tender age of 3 and he was just 6 when he began playing rugby. Running was also a passion of his and he became involved in it when he was a pupil at Ballyholme Primary School. But it eventually got to the stage where he had to decide where his priority lay, so it was rugby that was dropped.



By chance, he tried a triathlon, was bitten by the bug and the rest is history. In preparation for the Games, Harry was training up to 20 hours a week – swimming 5 times a week and cycling and running 4 times a week each.

“It was pretty time consuming,” says Harry, in an obvious understatement. Of course, training also had to be fitted in around his A level studies at Sullivan Upper so this often meant leaving home at 5 a.m. and very often not getting back home until 9 p.m. that night. And, like most teenagers, Harry was also keen to have an active social life, though that took a lot more hard work than most boys his age. “I try my best to have a social life, every so often I get a chance to go out,” he added.

Back in May Harry knew he was in with a shout of getting picked for the NI team but it was still a “shock” for him, he says, when he was selected.

The opening ceremony he described as “breath-taking.” “There were so many things to see and I almost could not take it all in,” he added. Billed as the ‘Friendly Games’ they certainly lived up to that label, as far as Harry was concerned. “Everyone was really friendly, helping each other out, even during the competition, making sure that we were ok and that we finished the race”. While it was an experience to treasure, Harry is optimistic that he will participate in more like it in the future. “I hopefully intend to continue. You don’t really reach your peak until your late 20s so I have a few years left yet.”

All the family – dad Mark, mum Dawn and siblings Gemma and Peter were in Glasgow to see him compete. “It was great having them there. I could see Dad and Peter as I went round,” he added. Both Gemma and Peter are no mean slouches in the athletics department either. 17-year-old Gemma swims and also does triathlons while 15-year-old Peter swims.

Having completed his A levels, Harry is taking a gap year to focus more on his training – next year he steps up to senior racing full time. However, once Harry turns 20 his funding will cease and the family will have to either look for a sponsor or find the financial means themselves to fund his sporting career.

Harry already has his sights set on the next Games, especially since they will be in the more exotic setting of the Gold Coast of Australia.

Next year he is also hoping to go to University to study Human Biology so his packed schedule shows no sign of letting up for the foreseeable future.

However he intends to have a well-earned break for a couple of weeks and enjoy the summer holidays before setting the alarm clock for those early starts again.

Rosie Lawther



Everyone loves Disney, so this year we decided to join in the fun by hosting a Disney themed Jumpin! We journeyed through the gospels with the help of our very favourite Disney characters, following Nemo and Ariel through the sea and learning about what true love really means in everyone's favourite movie, Frozen!

This year was the biggest Jumpin yet – with 164 children, we had to expand,

with the help of our friends at Ballyholme Methodist. Our programme was action packed as always - as well as the famous Ballyholme Parish Pea Fair, Railway Riots and Bryce Park in the beautiful sunshine, our Wallabies CSI team even solved the dastardly murder of Mickey Mouse!

We celebrated the week with candyfloss, costumes and a huge Disney carnival, and although we're sad that Jumpin 2014 is over, everyone left excited to take part in the big adventure story God has planned for each of us!



COMING SOON!

Children's Church will begin again on **Sunday 14th September** and we can't wait to welcome everyone back! We have a new dream team of leaders who are full of ideas and enthusiasm, and they're very excited to get started:

Taking **Bubbles** is **Paula Lown**, singing teacher and Praise Kids leader extraordinaire! **Splash** will be led by our own history teacher **Gareth Boal** and the very lovely **Catherine Taylor** - and our next **Ice** leader is **Paula Foye**, a maths teacher who makes the best mango chicken in Bangor!

So kids, we'll see you very soon – remember to keep an eye out for your new membership cards!

Ready For Battle



This summer has been overflowing with awesomeness (I am resisting breaking into the 'Everything is Awesome!' song from the lego movie). And no, awesomeness is not a word... but for all intents and purposes it will be here. The collection of Summer Madness, Catalyst, M&D's theme park, Jumpin, Two Kilbroney Adventure Camps and X-Cess has left our young people with no shortage of options for summer fun. Memories have been made, friendships formed and developed, laughter was constant and most importantly, seeds of faith were planted and watered.

So many of us are feeling inspired and encouraged to live for Jesus, but what happens when we go back to the stress of school, or the difficulties of home life where we are not surrounded by the adventure and loving leaders to support us? Our challenge this month is to get ready for battle. There will be hard times - Jesus promised it: "If they persecute me, they will persecute you also." One of the cool things about following Jesus is that He understands suffering and hard times. He was betrayed by friends, was bullied, beaten up and eventually killed but He held firm to the will of His Father and overcame all the hardship. There is nobody better to seek help, comfort and guidance from when we really need it! As you go back into your regular life situations where there might be some trials awaiting you, pray on the armour of God (Ephesians 6:14-17) each morning.



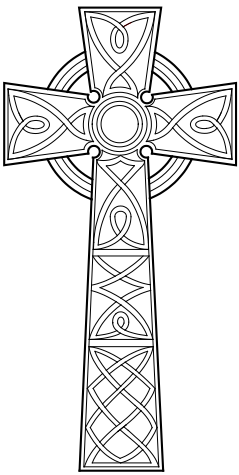
"Stand your ground, putting on the belt of truth and the body armour of God's righteousness. For shoes, put on the peace that comes from the Good News so that you will be fully prepared. In addition to all of these, hold up the shield of faith to stop the fiery arrows of the devil. Put on salvation as your helmet, and take the sword of the Spirit, which is the word of God."



Ask God to grow truth, righteousness and faith in your heart. Let Jesus in on everything you think and feel - He can take it. Read the Bible and ask God to speak to you and guide you through it. Get support networks around you - CU in school, Facebook groups to pray for each other, church youth groups and so on. Get ready for battle. Jesus is the victory.

Jade

The Quiet Corner



What do you understand by Providence? I see it as God's hand in our affairs, keeping us on the rails and often turning seeming disappointments, with His longer view, to our advantage. You know the sort of thing: you miss a bus or a train and have a fruitful encounter with someone you wouldn't otherwise have met. Or on the way to a much anticipated concert you bump into an acquaintance in a bad way, take them home to safety and miss the concert!

I can point to two turning points in my life which resulted from disappointments. As a PhD student I applied for a job at the Open University in Milton Keynes but was unsuccessful. Then a post came up at Queen's University – during the worst period of 'The Troubles'. My family were horrified but I knew folk in Belfast and they reassured me that it remained a good place to live if you were careful where you went! I got the job and thus a career, marriage to my wife Jan, three children and four grandchildren, and fulfilling involvement with the church, especially the C of I's chaplaincy at Queen's.

More recently, following retirement, we were looking for somewhere outside Belfast. We thought we had found it at Spa, Ballynahinch – our dream house with a one-acre garden. Friends thought we were mad: no shops, a considerable distance into the town (I don't drive). Then the 'Crash' happened: our house wouldn't sell and we took it off the market. We continued to search and began to home in on the North Down 'strip', because of its transport links. The rest is history: we found our ideal nest in Ballyholme (beautiful garden, near shops, the shore, the buses). Our neighbours have been welcoming and it took us one visit to feel at home in Ballyholme Parish. So disappointment occurred for a higher purpose. Oddly we went back to look at the Spa property and couldn't see why we had liked it so much! We feel more at home here than we ever did in Belfast.

Tony Carver

By the time you read this, I will be ordained Deacon in Lurgan, my home for the next year. I'm going to be working in Shankill Parish whilst writing my dissertation and finishing my studies. Moving to Lurgan marks the end of my time in St. Columbanus. I've been part of the Ballyholme Parish family since I was five, and as I look back over the past twenty five years I have many fond memories. Growing up through the various children's and youth ministries provided me with a safe space to learn about God and grow in faith. I made many close friends, lots of mess and just the right amount of mischief (I hope). In my job as Youth Worker I was better able to appreciate all that the church had invested in me growing up.

I love seeing so many youngsters involved in our worshipping community. They're our church family nieces and nephews after all. I hope we can all relish any opportunities we get to help in providing that safe spiritual space, especially when we have the chance to join in the fun, perhaps the mess and maybe even a little of the mischief?

I would like to thank all of my Ballyholme Parish family for the support they have given me over the years, and ask that you keep me in your prayers as I move on to Shankill. I will, of course, be keeping in touch, and I'm excited to see how our younger generations grow over the next twenty five years.

Please pray for

Samuel Hamilton Johnston

who will be ordained Deacon
by the Bishop of Down and Dromore
in Shankill Parish Church, Lurgan
on Sunday 31st August at 4 pm.

You are warmly invited to attend.

Please pray also for Revd Geoff Wilson, and all
who witness and worship in Shankill Parish,
where Sam will serve as Deacon.

Jeremiah 29:11

Sam

OUR WORSHIP

Wednesday 3rd September

10.30 Holy Communion - Kajiado Room

Sunday 7th September 12 after Trinity

8.30 Holy Communion

10.00 Family Service

11.30 Morning Prayer

6.30 Holy Communion

Wednesday 10th September

10.30 Holy Communion - Kajiado Room

Sunday 14th September 13 after Trinity

8.30 Holy Communion

10.00 Morning Worship & Children's Church

11.30 Parish Communion

6.30 6-8

Wednesday 17th September

10.30 Holy Communion - Kajiado Room

Sunday 21st September 14 after Trinity

8.30 Holy Communion

10.00 Morning Worship & Children's Church

11.30 Morning Prayer

6.30 M U Annual Communion service

Wednesday 24th September

10.30 Holy Communion - Kajiado Room

Sunday 28th September 15 after Trinity

8.30 Holy Communion

10.00 Parish Communion & Children's Church

11.30 Morning Prayer

6.30 Compline

FUNERALS

25th June: Julia Quayle, late of 56 Windmill Road,

30th June: Pat McWilliam, late of 6 Manselton Park,

9th August: Muriel Sim, late of 24 Ballyholme Road

BAPTISMS

29th June: WREN SUMMER GRACE and MARNIE LARK MAJURY, children of Chris & Katharine

20th July; PHOEBE ANNIE ROSE NOBLETT, daughter of Tim & Leonie

WEDDING

14th July: Richard Martindale & Ruth Anne McClune, 33 Newtownards Rd, Donaghadee

Children's Church Helpers

September

14th: Neil

Devlin, Tracey Andreasson, Lynsey McDermott, Trish McGuigan

21st: Karen Hunt, Janice McDonagh, Rhonda Magennis, Amanda Thompson

28th: Kelly McCullough, Margaret Moorehead, Jim Murdock, Fiona Oliva

September

7th: No crèche

14th: Heather Glasgow,

Aileen Smyth, Emma Sutherland

21th: Katherine Newman, Anca Bazatu, Ann Browne

28th: Violet Davidson, Catherine Menary, Caroline Connolly



Parish Office:

91274912

Rectory:

91274901

Curatage: 91271922

Prayer Line: 07531806167

Transport: 07599794968

Church Readers Rota:

John 91467243 or

Freda 91467624



September

7th: Tracie Andreasson, Heather Johnston, Charlie Robinson

14th: Jo Ann Coulter, Nicole Watson, Vicky Hayes

21st: Lynsey McDermott, Ann Reynolds, Ann Shaw

28th: Mark & Carolyn Larmour, Isobel McWhirter, Nikki Talbot



September

7th: Tracie Andreasson

14th: Maureen Cameron

21st: Mandy King

28th: Pat Williamson

