

Where's Your Chair?

Mark 6 30-46



'Be still, and know that I am God; I will be exalted among the nations; I will be exalted in the earth.' The Lord of hosts is with us; the God of Jacob is our stronghold.
Psalm 46:10-11

Praising:

In our joys and in our sorrows,
days of toil and hours of ease,
still he calls, in cares and
pleasures,
Christian, love me more than
these!

Reading:

Mark 6:30-46
Rest a while

A time of reporting-back and offloading for the disciples, is followed by an invitation from Jesus that they should take a break. The 'team' are in demand. There is no time even for eating. What we don't see is whether any of the twelve protested as Jesus called them aside. Might one or two have said "sorry Lord, no time now to take a break, what we're in the middle of here is too important"? As every day our

empty chair calls us to sit down for a few moments, those are the sort of objections that rise up: "I've this thing to do or that thing to do". Important, worthwhile things no doubt, but are they as important and worthwhile as being in the presence of God? Perhaps the disciples knew what was good for them. Jesus certainly did.

Listening:

Praying:

Lord you give us work and responsibility and much to care for and attend to

- thank you for the fulfilment of seeing to our work diligently and conscientiously
- thank you for the time to rest and recover and recharge ourselves to face it all over again
- thank you for the invitation to draw aside with Christ and know his peace

Father there is never a time when I don't have things to do, so help me please to stop, for there is never a time when being with you will not give me more energy to do them. Amen

Doing:

Friday, 6 November 2015